

# Sun

Carmel Valley

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Carmel, Ca.  
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FREE

September 19, 1984 — October 2, 1984

**V**entana  
Wilderness  
Sanctuary  
gets another  
injured bird  
— Page 4

**M**ore info  
on the “dish”  
controversy  
— Page 14

**T**he skies  
will buzz  
with stunt  
fliers  
— Page 7



Photo by Debi Effron.



# LETTERS

## Sewage To Gold

The Water District alchemists would have us believe they have discovered the means, using water hyacinths, to convert sewage into gold; that is, water as pure and less costly, than that which "droppeth as the gentle rain from heaven."

It is proposed that we "follow" the San Diego experiment to increase our own supply of water! However, Chairman McClintock, in persuading the Board to make this major change of direction, did not disclose the following facts and implications of this change of course.

To provide a comparable supply for beneficial uses, any project other than a Carmel River dam would need to create, not the 5,000 acre feet she suggests, but 16,000 acre feet during the summer months. This amounts to 89 acre feet (30 million gallons) per day.

If the San Diego experiment is approved by health authorities, they plan to mix the purified sewage with equal amounts of fresh water, to improve the quality, and store it for many months in their existing reservoirs. Where are our existing reservoirs?

After storage the water will be passed through their existing filter plants required for surface water. We don't presently have such filter plants and the estimated costs to construct them is in excess of 30 million dollars.

Between 45 and 89 acres of hyacinth ponds would be required to produce the reclaimed sewage water. Where and at what cost?

The State Health Department has indicated that a permit to use such reclaimed water "could only be granted if", among other factors, "alternate sources are not available."

District Consultant Robert Curray has informed the Board that, in the absence of a dam to provide river flows, protection of the Carmel River could cost as much as 20 million dollars. The proposed half million dollar Boronda Project is only the first increment of those millions!

Water hyacinth gold is fool's gold. It will not solve our water problems in this century. But its false hope will accomplish McClintock's objective; To dissuade the community from building the dam. Continued degradation of the river, its banks and its steelhead, and an increased probability of rationing will be the result of the Board's perversity in pursuing this flimsy, costly, foolish dream.

Edwin B. Lee

## Not So Bad

It should be noted that not all who live in the Carmel Valley and, especially, in the Cachagua area, consider Comsat to be a bad neighbor. The members of Cachagua Volunteer Fire Company would like everyone to know that the Upper Carmel Valley community and its citizens have benefited immensely from Comsat's direct support in the areas of fire fighting and rescue equipment, CPR training, and use of their facilities for fire truck and rescue vehicle maintenance.

Such support, given over the period of Cachagua Volunteer Fire Company's existence in the Valley, has certainly amounted to thousands of dollars. However, the Comsat dollar amount is only exceeded by the good neighbor spirit and willingness to assist the community wherever necessary. Comsat's positive attitude in local community affairs has indeed been felt by the Volunteer Fire Department and can only have a positive effect on the preservation of life and property throughout the Upper Carmel Valley.

Emil Possi  
Fire Chief,  
Cachagua Volunteer Fire Co.

## Pure Enjoyment

Craig and I just wanted to express our thanks for a wonderful weekend of roping! We really enjoyed the bar-b-que and dance and the good company!

Next year when your ready to do "Carmel Valle Ranchers Days" again, please contact us for a possible donation for the trailer?

Vicki Andrus

## Uncovered

Yes, that was Jack Swanson the world renowned artist and rancher on the cover of the last issue. Better Jack?

Debi Effron  
Photographer

# THE SEARCH FOR THE IDEAL CAR IS OVER.

Recently, one of the largest automobile clubs in the United States, the Automobile Club of Southern California, ended its annual search for the optimum family sedan.\*

The Volvo 760 Turbo Diesel not only won; but won with the highest number of rating points ever awarded to any car.

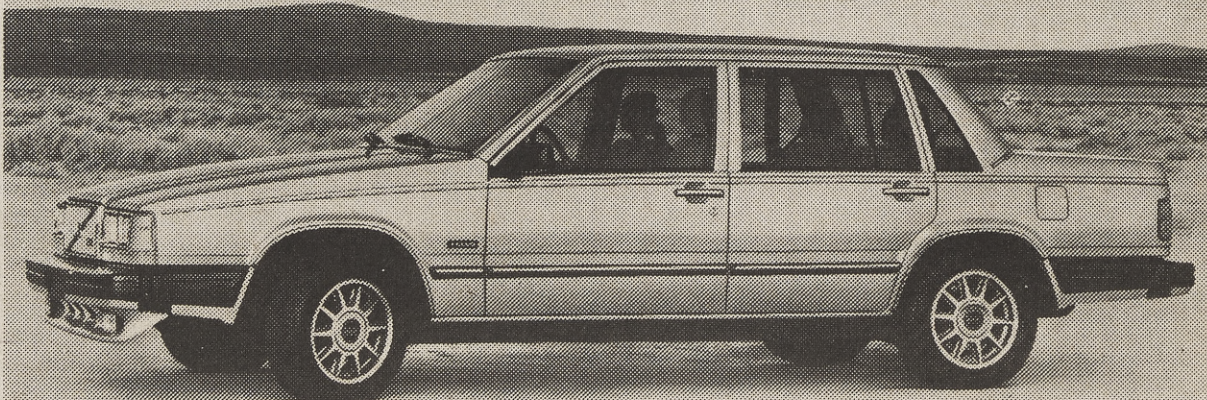
That means this Volvo not only rated well in handling, ride quality and comfort. But proved it can out-accelerate

the Mercedes 300 SD, has a smaller turning radius than the Audi 5000, has more luggage capacity than the BMW 733i, and is more fuel-efficient than a gas Volkswagen Rabbit.\*

So if you're one of those people who's been searching for the optimum car, search no farther. Now you can get the car you've been looking for. And save yourself a lot of work.

\*Comparison of 1983 cars. \*Based upon EPA mileage figures.

## THE VOLVO 760 GLE



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28 EPA EST. 40 HWY. \*The Volvo 760 GLE Turbo Diesel sedan manual transmission and overdrive. Use these numbers for comparisons. Actual mpg may differ depending on speed, trip length and weather. Actual highway mpg will probably be lower than EPA highway estimate. California mileage lower.

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Deadline Calendar

28 Publication date

2 Deadline for following publication date

#### AUGUST 1984

| SUN | MON | TUES | WED | THRU | FRI | SAT |
|-----|-----|------|-----|------|-----|-----|
|     |     | 1    | 2   | 3    | 4   |     |
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#### OCTOBER 1984

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#### DECEMBER 1984

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## Carmel Valley Sun

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## The Cover

Children entertained themselves during the Carmel Valley Ranchers Days.

# Ventana Wilderness Sanctuary Receives Another Injured Bird

The Ventana Wilderness Sanctuary announced that another injured eagle was received on September 17, from the Alaskan Raptor Rehabilitation Center. The bird is suffering from feather follicle damage and will be cared for by members of the Sanctuary with the cooperation of the SPCA who will house the injured bird.

According to Dr. Michael Murray who will be treating the bird, it is not known whether it is disease or poor health that is causing the bird's feathers to grow incorrectly. Medical records and X-rays accompanied the bird when it arrived and are yet to be studied.

This is the third bird that the Ventana Wilderness Sanctuary has received for treatment. All three birds were transported free of charge by Alaskan Airlines.

The other two birds, Sam and Hercules, are recuperating from gunshot wounds at the SPCA's George Whittell Wildlife Rehabilitation Center. They were found early in May at a dump in Rohn Bay, Alaska.

Though their recovery has been hindered because of the type of damage the doctors treating Sam and Hercules are optimistic about their progress. Sam is currently undergoing experimental electromagnetic therapy in southern California. According to Dr. Murray, the therapy is a new technique used on breaks that will not heal by themselves. If the therapy is successful on Sam, Dr. Murray said it will also be tried on Hercules whose bone damage was more extensive.

Many individuals, organizations and companies have donated their time and efforts to rehabilitating the birds who are an endangered species. Air California flew Sam to Burbank for the therapy free of charge and the SPCA helped provide food. Dr. Bullock is supervising the therapy, also free of charge. Drs. Murray, Petkus, Roush and Williams have all also donated countless hours in treating the birds and there are many other Sanctuary



supporters who have donated their time to the efforts as well.

With three birds under their care, the Ventana Wilderness Sanctuary is just gaining momentum. Its goal is to provide a wildlife center that will reverse the negative influence of man's intrusion on the wilderness. Their plan is to study animals that have been rehabilitated and returned to the wilds as well as trying to restore some of the endangered species that were once native to the Monterey Peninsula and the western United States.

The progress with Sam and Hercules give credence to the Sanctuary and its goals. "I think it's great that the group in Sitka feel that they trust us enough to send us another bird," said Debbie Bradburn-Tierman, a Sanctuary spokesperson. Sitka is where the Alaskan Raptor Rehabilitation Center is located.

The Sanctuary is currently trying to expand its membership which along

with the aid of grants will help support their efforts. Memberships are \$10 for a Student/Senior Citizen, \$25 for Friend, \$50 for Associate, \$100 for Sustaining Sponsor and \$1,000 for Life Sponsor. Memberships may be mailed to P.O. Box 894, Carmel Valley, CA 93924.

Guiding the Sanctuary's efforts is an eleven member Board of Directors with Carmel Valley resident Dr. Gerald Petkus as President. Three of the members who were recently elected to the Board are Diane Scholl, Nancy Hodge, and Dr. Michael Murray of the Seaside Coast Veterinary Hospital. Other members include vice-president, Sal Lucido, Dr. James Roush, Dr. Tom Williams, John Tierman, Peter Blackstock, Gwendolen Buck and Bill Larkin.

(Editor's Note: A feature on the Ventana Wilderness Sanctuary appeared in the July 11, 1984 issue of the Carmel Valley Sun.)

# Community Center Says The Pool Will Not Remain Open

As reported in the last issue of the Carmel Valley Sun the Community Center Pool will not be open on the weekends until October 21, corrected Executive Director Louise Riddell-Kaufman. The Barracudas, however, will continue to have practice.

Members of the Board voted to close the pool to recreation swimming prior to October 21 to reduce the annual costs. The decision was based on the fact that this year the Board will be responsible for one-third of the down time costs which were previously paid for entirely by the Carmel Unified School District.

According to its current agreement with the CUSD the Community Center

Board is gradually taking over the pool operations. Next year the Board will be responsible for two-thirds of the down time costs and the following year the Board will be fully responsible for the operations and costs.

In the past the Community Center has not been active in the pool operations. This year, however, the CUSD Board had considered eliminating the pool from their budget which meant it would be the Community Center's responsibility.

Rather than drop it altogether, the CUSD Board decided to let the Community Center make a gradual transition into managing the pool. This was to allow the Community Center time

to become familiar with the operations which have previously been handled by the Barracuda Swim Team through the CUSD.

This added responsibility was one of the reasons the Board decided to hire an Executive Director who would monitor the operations. "Managing the pool is a big responsibility and we want to make sure we know what we're doing," said Dan Gladney, president of the Community Center Board.

For questions or comments regarding the pool or Community Center Ms. Riddell-Kaufman can be contacted at 659-3983. She is available at her office between 9 a.m. and noon on Monday—Friday.



## New MIIS Board Chairman Sets Future Goals

Gordon Paul Smith, newly elected Chairman of the Board of Trustees of the Monterey Institute of International Studies, presided over a special two-day session of the Board which involved a comprehensive study of the Institute's programs and future academic goals.

In taking over as Board Chairman from Peter C. Wright, Smith addressed the Board, noting the impressive improvement in the Institute's financial health and academic strength over recent years, including its selection as Official Supplier of Press Interpreters and Translators for the 1984 Olympics. "But what about the future?" he asked the Board. "Shall the school just go along and let things happen, doing the same old thing, taking fate as it comes, and be free of the burden of planning for tomorrow. Or shall it cast into the infinite sea of hope and promise for catching that bright future which is surely there—that is, if effective strategy and action is predetermined and implemented."

At the conclusion of its milestone two-day session, the MIIS Board of Trustees voted unanimously to accept Smith's Challenge to take the necessary steps to assure the continued growth of the Monterey Institute's reputation as a leader in the field of language and professional training for international business, government and education.

Gordon Paul Smith brings to his Chairmanship a broad experience in both management and education. As a consultant in the public sector working with many businesses and industries throughout the nation, Smith has earned a national reputation as an

advisor to many federal, state and local governments as well as foreign governments.

Prior to establishing his own firm in Carmel Valley, he was President and CEO of Golconda Corp. in Chicago. He now serves as Chairman of the Board to its successor corporation, RegO.

Before joining Golconda, Smith was Vice President in charge of management consulting operations in the western United States for Booz, Allen & Hamilton. In 1967-68, he took a leave from B.A.&H. to assist Governor Reagan in his early years in office. During that time he served as State Director of Finance, the top appointive position in California's state government.

Smith presently serves as a management consultant to business and industry and to governments and institutions throughout the nation. He serves as Chairman of the Board of Trustees of the West Coast Cancer Foundation, the Development Council of the Monterey Peninsula Community Hospital and was most recently appointed as a Director of the Monterey County Bank.

His other experiences include serving from 1971-73 on the California Select Commission on the Master Plan for Education. He was also a member of the Board of Directors of the Palo Alto—Stanford University Medical Center for six years, including three years as President. His wife, Ramona, is also very active in community affairs and until recently served as President of the Monterey Peninsula Community Hospital Auxiliary. Now she is a Trustee for the Hospital.



Congressman Leon Panetta will be the guest speaker at the "Fun in the Sun" event sponsored by the Chamber of Commerce serving Carmel/Carmel Valley.

## Panetta Will Be The Speaker At Fun In The Sun

Congressman Leon E. Panetta (D-CA), 16th District, will be the guest speaker at the Fun in the Sun Day, sponsored by the Chamber of Commerce serving Greater Carmel/Carmel Valley on Sunday, September 23, 1984, at the Community Center Park. The fun begins at 12 noon and will continue until 5 p.m. Congressman Panetta is expected to speak around 1:30 p.m.

In addition to Congressman Panetta, who is a Carmel Valley native son, there will be prizes and games, food and libations, music and entertain-

ment.

"We want this to be a day of enjoyment for families and individuals throughout the Valley," said Chamber president Robert "Chuck" McKay. "The Committees that have put this event together have worked hard and long, and we believe that Fun in the Sun Day will become an annual event enjoyed by all."

Various organizations will also participate in the event, and there will be exhibits of interest to those attending.

For more information call 659-4000.

## What's Wrong With Your T.V.?

Having difficulty with your T.V. lately? Some residents recently reported that they no longer received KSBW-TV Channel 8, which in some cases was the only channel they received.

Clark Grant, spokesman for KSBW explained why. He said the station recently moved their transmitter from the Freemont Peak to Madonna Ridge. Those who previously received Channel 8 can now receive it by turning their televisions to Channel 13. "If they don't want to do that they can adjust their antennas to aim towards Madonna Ridge," said Grant. Madonna Ridge is in the area of Highway 156 going West toward Echo Pass.

As an offshoot to that, other residents reported receiving KMST-TV, Channel 46 better than before. Some who reported receiving it said they never received it before. According to Grant this was in no way a result of moving the KSBW transmitter and suggested that possibly KMST might have also moved their transmitter.

"No, we haven't changed anything," said Nancy Silva of KMST. Ken Warren, KMST's Chief Engineer, however, cleared up the mystery. He said that when KSBW moved their transmitter it cleared up some of the airwaves which allowed the KMST broadcasts to come into the valley more clearly.

## Water Board Will Meet September 24

The Monterey Peninsula Water Management District Board meeting will be held Monday, September 24 at 7:30 p.m. in the City of Monterey Council Chambers.

On the agenda for public hearings are Consideration of Draft EIR for the Carmel River Management Plan and Boronda Erosion Control Project, Expansion of Ryan Ranch Water System, and urgency adoption of an ordinance authorizing continued processing of expansion permits for select non Cal-Am systems.

The Board is also scheduled to act

on the authorization to initiate the Carmel River Willow Planting Project, the authorization to retain the consultant to complete the San Clemente Dam EIR, review of the water supply status and reception of upstream fish passage report.

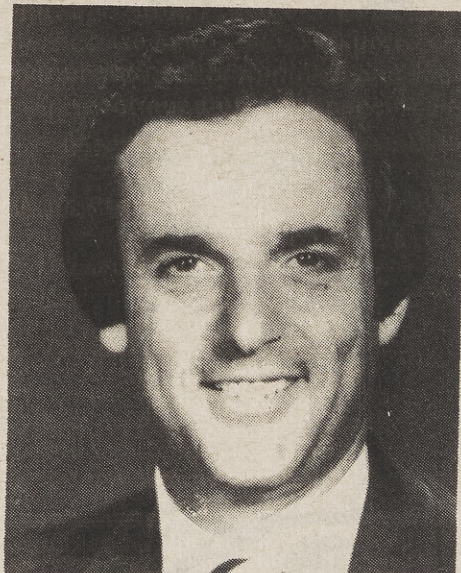
Other matters to be discussed will be the irrigation program.

Staff notes on the agenda items are available for public review on Friday, September 21 through Monday, September 24.

For more information call 649-4866.

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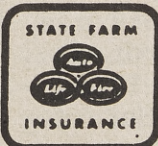
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## History

# From Camp Carmel To Camp Steffani

Just north of the Carmel Valley Village, snuggled in next to the river is the area well known as Camp Steffani. The camp was named after one of its owners, Joseph Steffani, who acquired the land somewhere around 1880 as best can be determined.

Steffani, who ran a dairy in the Salinas Valley, also at one time, owned the ranch which adjoins the Berta property just north of Camp Steffani. A newly planted vineyard sits where the Steffani Ranch used to be.

While Steffani and his wife, Flora, lived on the ranch it flourished with activity. It was the stop-over point for the stagecoach which ran from Salinas to Tassajara.

According to Steffani's granddaughter, Harriet Feliz Call, passengers would sometimes spend the night. Ms. Call, who was born at Camp Steffani in 1896, recalled how her grandmother would have dinner ready for the passengers as they rested from their arduous journey over the Laureles Grade.

The Steffani ranch house was a big house. Big enough for when the family came to visit and big enough to rent rooms periodically to summer vacationers.

Much to Harriet's chagrin the ranch house and the barn were torn down by one of the subsequent owners. "It was something that was always there," said Harriet. "It's like a part of our life was gone."

The ranch sat at the head of where you turn into Camp Steffani on the left hand side recalled Harriet. A barn used to sit just across from it.

As Harriet remembers, Joseph and Flora were a handsome couple. He originally came from Illinois and was Swiss in nationality. "They were very special people," she said and added that they were very kind and generous.

Joseph and Flora had six children. One daughter married Tom Chisolm, one married Antonio Vasquez and Nellie, who was Harriet's mother married Fred Feliz.

Feliz was the local teacher at the time and taught at Tularcitos school. Eventually Feliz and Nellie moved to Salinas but they never severed their ties to Camp Steffani.

It was Fred who actually gave Camp Steffani its name in honor of his father-in-law. He also built the river rock statue that greets visitors to the camp in his honor.

Before the name change, this busy recreational site was known as Camp Carmel and was frequented often by folks from the cities. As Harriet remembered, "it was a wonderful place". People fished, hiked, rode horseback, and just enjoyed the beautiful surroundings.

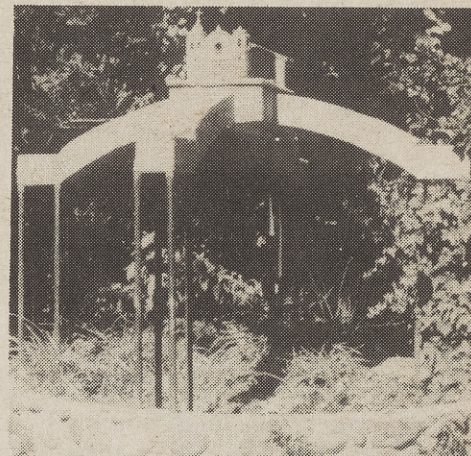
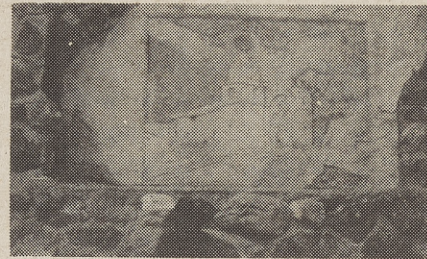
On their family visits Harriet said they would stay in tents. Later her father built a cabin for them.

Evidently the idea caught on and around 1910 or so, Steffani subdivided Camp Carmel. He sold lots the campers and the cabins proliferated.

Fred was a lawyer by trade and also served as Mayor of Salinas. When he retired, which was around 1924, he and Nellie returned to their cabin at Camp Steffani.

continued page 19

Some of the handiwork of Fred Feliz. Unfortunately, there were no family pictures available, nor were there any of Camp Steffani in the early days.



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# Skies Will Buzz With Stunt Fliers At Airshow

The 431st Air Demonstration Squadron of the Canadian Forces will swoop down out of Saskatchewan to thrill audiences of the California International Airshow, September 22 and 23.

The Snowbirds, a team of nine red, white and blue Tutor jets, fly for 25 minutes, performing an aerial ballet against the sky that demonstrates the amazing skills of the pilots from up North.

The Snowbirds' appearance in Salinas is part of the 1984 celebration of the 60th anniversary of the Royal Canadian Air Force.

The team, led by Commanding Officer Major George Hawey, all live in Moose Jaw, Saskatchewan where they train at the Canadian Air Force Base.

The Snowbirds' performance begins with all nine aircraft in a number of precise routines, notably, the inverted wedge, big diamond loop, big arrow roll and nine-plane downward bomb burst. Other maneuvers include formations of aircraft performing daring aerobatics, precision rolls, loops and quick-changing patterns.

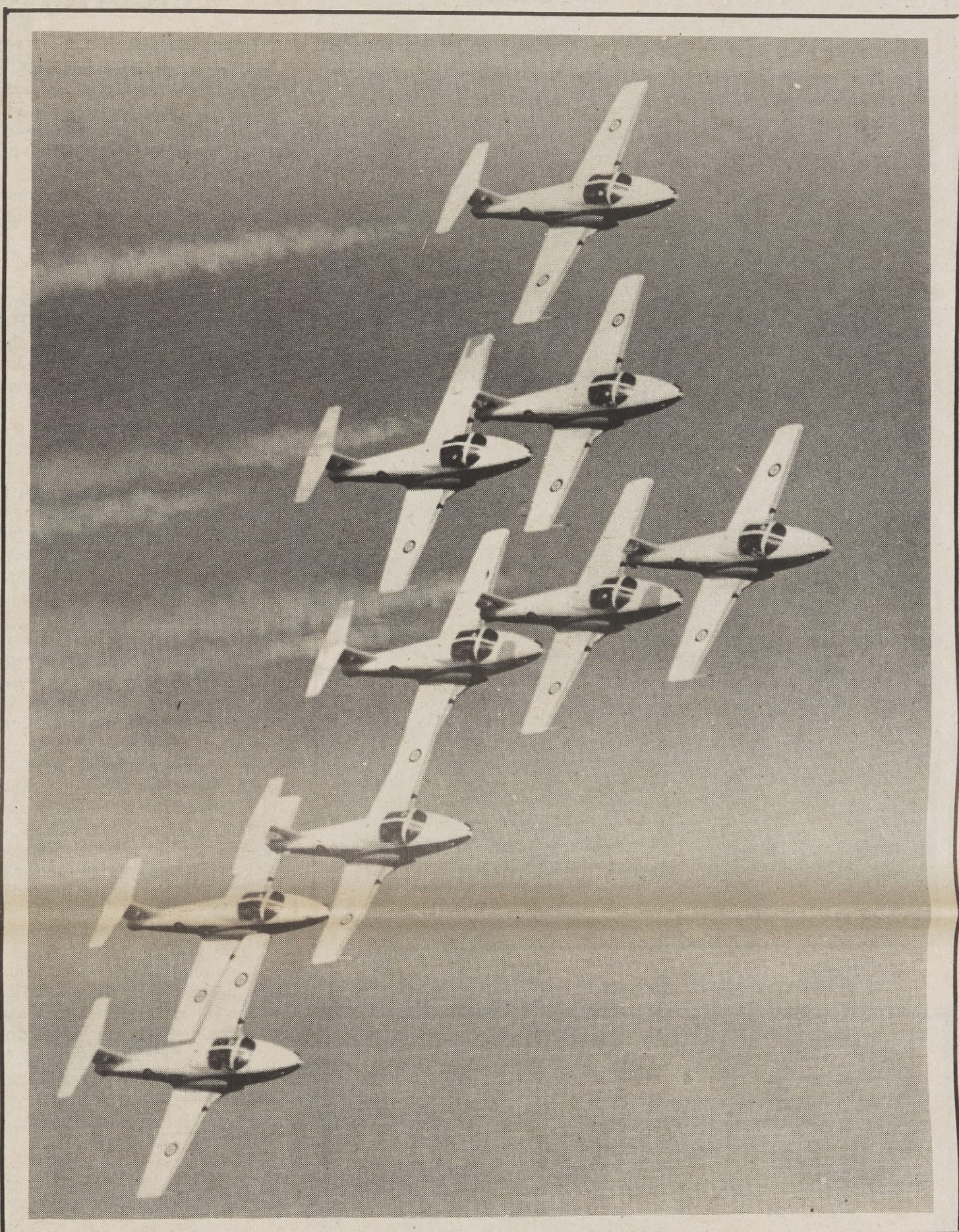
All this elegant flying is performed in the CI-114 Tutor jet trainer used by the Canadian Forces as its basic pilot training aircraft. The Tutor is powered by a General Electric J-85 engine producing about 2,700 pounds of thrust.

Appearing with the Snowbirds will be our own U.S. Navy parachute team, the "Leapfrogs". Old favorites will be back too: Art Scholl, the flying movie star, stuntmen Jim Franklin and John Kazian, world aerobatic champion Leo Loudenslager and California's own Christen Eagles.

The fourth annual California International Airshow opens for two days, September 22 and 23 to raise money for local charities. Both days of programming are identical. Gates open at 8 a.m. each day. Audiences may visit and touch static displays of many types of aircraft, including military, business and sport planes. The official program begins at 12:30 p.m. with continuous performances until closing.

Advance tickets are \$8 grandstand seats, \$5 adult general admission, \$2 child general admission, and \$200 for flight line boxes, including 10 seats each of two days. Tickets are available through all Ticketron and Bass outlets.

The California International Air Show is located at the Salinas Municipal Airport.



The 431st Air Demonstration Squadron will perform their precision flying maneuvers at the fourth annual California International Airshow which is scheduled for September 22 and 23.

## Volunteers In Action will Match Your Skills With Community Needs

"We need you to get involved in your local community. We match your energies, skills and talents with community needs," said the volunteers in Action who can be contacted at 373-6177.

There are several opportunities available for those interested in becoming involved:

— Become an art docent for a local community art center. Greet the public, assist with public relations and answer the phones. Hours are flexible, Tuesday through Saturday—work any four hours.

— Become an advocate for Women In Crisis situations. Provide information and support to victim, family and friends.

— Mediators and Outreach workers are needed to assist in conflict resolution

program for neighbors in Seaside, Marina and Del Rey Oaks. Training begins September 28th.

— Local Wilderness Sanctuary is seeking individuals with community relations skills to assist in the development of speakers' bureau, write press releases, and appear on talk shows. Orientation will be provided.

— Telecommunications Director is needed to build and maintain Peninsula data base on the computer Information Network. If you have knowledge of computer to computer telecommunications through telephone modem, and a home computer, this is an ideal placement for you.

Should you be interested in any of the listed opportunities call the Volunteers In Action.



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## Local Girl Transforms Into Celebrity (Look-Alike)

It's Dolly Parton!

No. It's just celebrity look-alike Holly Goodwin. Holly, who grew up in the valley, has turned her energies to a new career. She recently signed with the Ron Smith Celebrity Look-Alike agency in Los Angeles.

In costume, Holly has fooled many a folk with her caricaturistic gestures long gaudy fingernails and full blond wig. On stage she lip-syncs to Dolly's songs.

Holly got her start as "Dolly" in a lip-syncing contest sponsored by KTOM radio. She won the contest and they hired her for nine weeks to introduce the contestants in subsequent contests.

Recently Holly, who is a costumer by trade, opened for Lacy J. Dalton at the Santa Cruz County Fair. Her act, she says is a real visual act. She struts through the audience in flamboyant Dolly fashion which is quite entertaining. She will grab people and teach them to country and western dance, does magic, and goes out and has just plain fun.

According to Holly, lip-syncing is the current fad and contests are beginning to sprout up all over. Currently, she is helping organize a contest with KTOM-FM and the Barbary Coast Tavern.

She is also working with Lou's Dugout for lip-syncing videos which will be taped September 21. All kinds of talent is needed for the video she said and contests for lip-syncers and break dancers are presently underway.

Over 300 extras are also needed for the videos and Holly suggested those interested should call Lou's Dugout.

Out of costume the "real" Holly looks nothing like the "real" Dolly. Holly stands 5'5" to Dolly's 5'. Holly also has to heavily pad her get ups and is slightly lacking in other areas Dolly is notorious for. She also dons two pairs of false lashes on each eye to round out the look.

To find costume materials Holly frequents the local Community Chapel Thrift Shops and the SPCA Thrift Shop. Then she does the alterations herself and voila, a "Dolly" costume is the result.

It was in full costume that Holly went and interviewed with the Ron Smith Agency. She said the guard at the door knew she wasn't Dolly. "The real Dolly is shorter," he told her.

With the agency, Holly joins other famous look-alikes such as Tom Selleck, John Denver, O.J. Simpson, Clark Gable, Elvis Presley, Michael Jackson, Bette Midler and so on. She said with the job she could be sent anywhere.

She and her look-alike cohorts received a lot of notoriety on her first job which was a fundraiser for the Democratic Party. She was interviewed by numerous television and radio stations.

All the notoriety just goes along the job however, and Holly says she is still available for individual gatherings, charity events, special events, business promotions and birthday parties. To have "Dolly" attend your parties you can call 394-1287.



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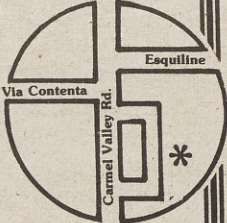
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## Brunn Gears Up For November Elections

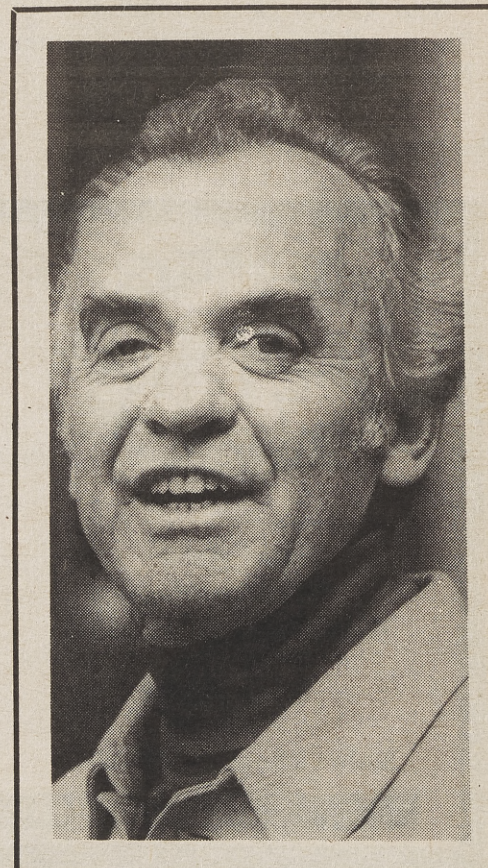
Gearing up for the November 13 election Howard Brunn has gone into full swing. He has sold his Carmel Mercantile Company to become a full-time campaigner. "Hopefully, a full-time Supervisor," he added.

In this recent round of competition, Brunn has come out with a new logo, a new slogan, "let's get with it" and new campaign headquarters. His headquarters are now located at 26350 Carmel Rancho Boulevard, in the Catlin Building.

According to Brunn there will always be someone at the headquarters which will be open six days a week from 10 a.m. to 5 p.m. He said he will be there himself as much as the rigours of campaigning permit.

To get in touch with more of his constituents Brunn has also divided the 5th District into five areas and has put different people in charge of each area. Since he is no longer occupied with business interests he will have more time to devote to people.

Brunn's headquarters can be contacted by calling 624-6204.





# Crosswords PLUS

Edited by Stanley Newman  
©1984 American Crossword Federation

(Editor's note: Crossword solvers are welcome to write Crosswords PLUS editor Stanley Newman with any questions pertaining to this issue's crossword or crosswords in general. All queries will be answered. Write Stanley Newman, American Crossword Federation, 443 Park Ave., South, New York, N.Y. 10016.)

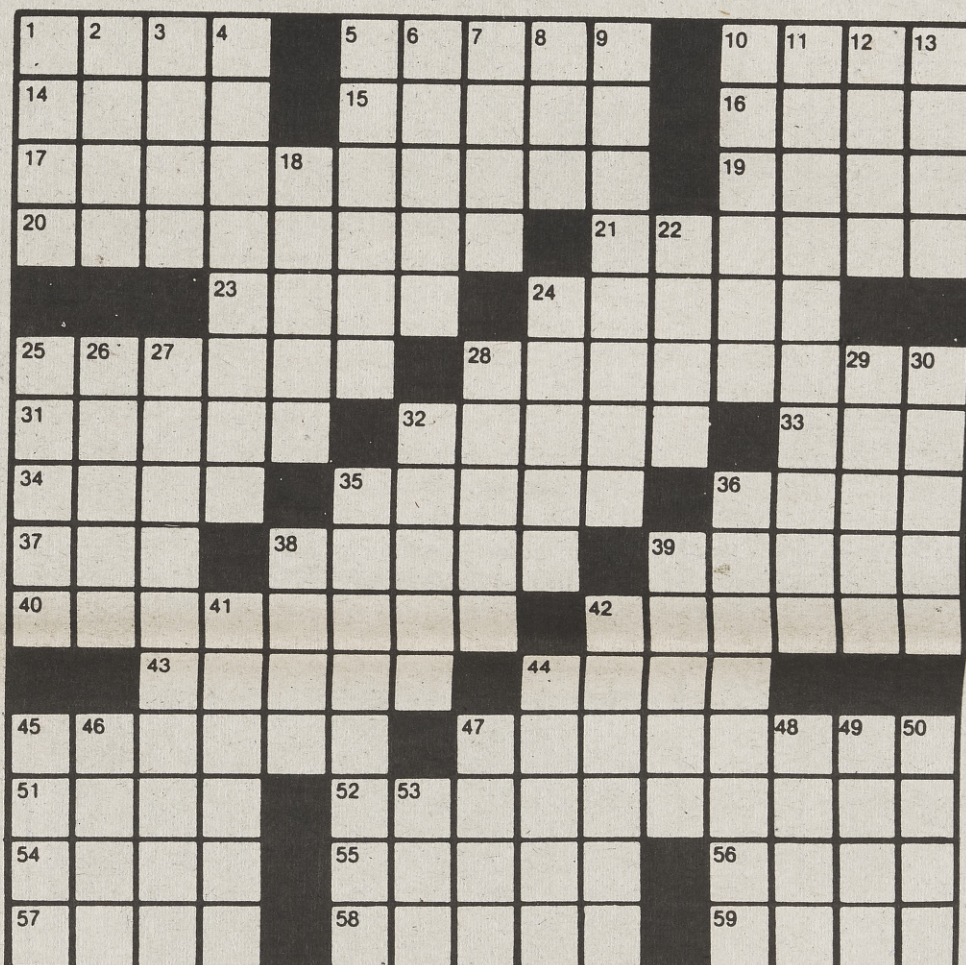
Sizes, by George Neimeth

## ACROSS

- 1 Born Free lioness
- 5 Mowed row
- 10 Taj Mahal site
- 14 Den
- 15 Hoard
- 16 Narcotic
- 17 1984 personage
- 19 Restaurant reading
- 20 Tell to the world
- 21 Take a flier
- 23 On easy street
- 24 Play the coquette
- 25 Palestinian ascetic
- 28 American juniper
- 31 Buddhist monks
- 32 Literary category
- 33 Arab garment
- 34 And others: Lat. abbr.
- 35 Labor leader
- 36 Pesky insect
- 37 Lace, for short
- 38 Exchange words
- 39 Waterfowl
- 40 Broadens
- 42 Gathered
- 43 Diagonal
- 44 High-strung
- 45 Actor Al
- 47 Fits
- 51 Algerian seaport
- 52 Home, to Nellie Forbush
- 54 Give the eye to
- 55 French river
- 56 Needle case
- 57 Cultivated
- 58 Fragrance
- 59 Faculty head

- 6 Time on one's hand?
- 7 Pang
- 8 Article
- 9 Insignia
- 10 Hold in high regard
- 11 Large dogs
- 12 Smallest of the litter
- 13 Malarial chill
- 18 Remains
- 22 Moral depravity
- 24 Boggy

- 25 French student
- 26 Old Nick
- 27 Limited in scope
- 28 Takes in a book
- 29 Degrade
- 30 Evaluated
- 32 Civet's relative
- 35 Tree of the South
- 36 Went through the motions
- 38 Grain husks
- 39 Surgical dressing
- 41 Adjusted
- 42 Envelope
- 44 Aquarium fish
- 45 Winnie the \_\_\_\_\_
- 46 Jason's vessel
- 47 Editor's mark
- 48 Mechanical routine
- 49 S.A. country: Abbr.
- 50 Epidermis
- 53 Ending for harp or art



## DOWN

- 1 Ending of famed palindrome
- 2 Reclined
- 3 Portent
- 4 Tree-dwelling
- 5 Candlestick

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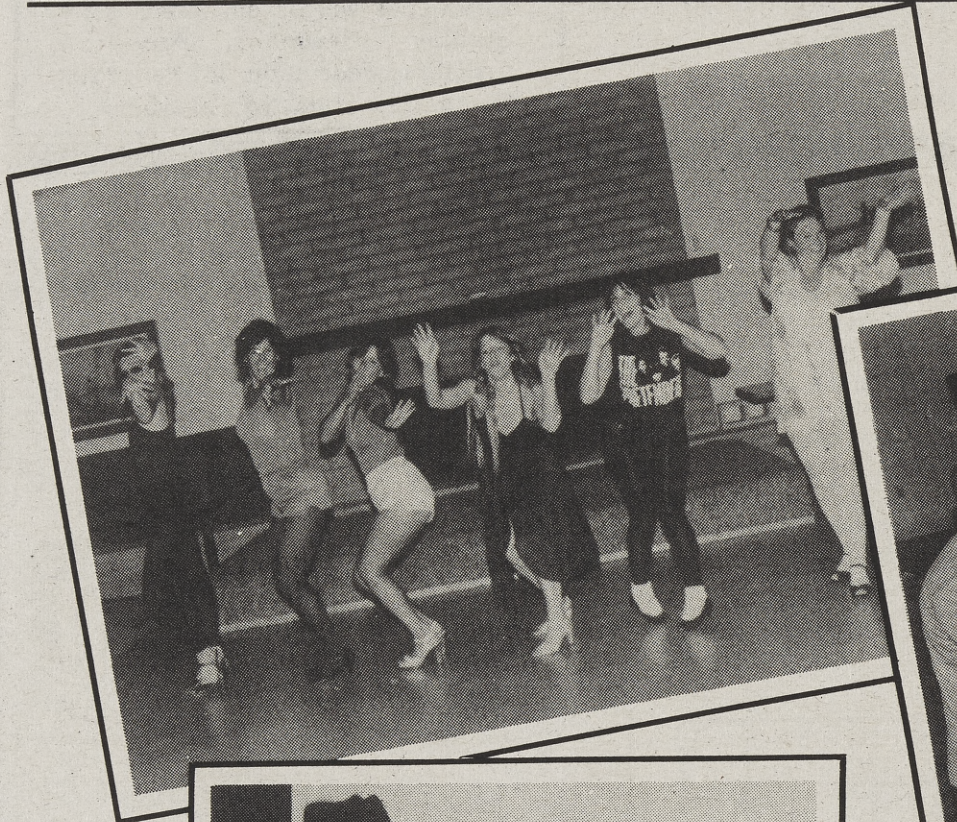
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# ENTERTAINMENT

## Gearing Up For The Show



Members of the cast for "Guys and Dolls" have been practicing at the Trail and Saddle Club. The performance, sponsored by the Jamesburg Players, will be October 5 and 6 at the Sunset Center in Carmel.



Photos by Debi Effron.

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## "Feiffer's People" Will Be Featured At MPC

Monterey Peninsula College will present *Feiffer's People*, patterned after the well known comic strip, in the SRO Theatre starting Thursday, September 20 at 8 p.m. for a two-week run.

Taking works dating from 1958 to the present, the play satirizes a variety of subjects, including interpersonal relationships, self image and politics in a series of vignettes. Over 30 popular comic strip characters come to life on stage in a stylized double edged comedy.

Director Carey Crockett directed a similar production two years ago at the Cherry Foundation in Carmel entitled *Hold Me*, also based on Feiffer cartoon material. That show drew high acclaim and was held over for two weeks. Crockett is also co-founder and producer with Max Robert of the Cherry Foundation's "Unicorn Theater Presents" and the "Break A Leg" radio show on KAZU. He has directed Mamet's *The Water Engine* at the Cherry Foundation, was involved in

the MPC production of *A Crowd of Stars* last year, and has had considerable experience as an actor and theater designer in the Seattle area.

Eight local actors are featured in the ensemble cast for the production. They are John Brayer and Diana Crockett, both known for their work at the Cherry Foundation; local radio personalities Roger Henderson, Arland Sanders and Denise Clifford (who is also involved in this summer's Monterey Theaterfest); 30-year dance veteran Renee Farjeon, who played a lead role in the Forest Theater's version of *Cyrano de Bergerac*; Lorraine Olsen, seen recently at MPC in *Oh, Coward!*; and Chris Thomas, who brings a variety of theatrical experience to the Monterey Peninsula.

Thursday, Friday and Saturday performances will be held at 8 p.m. through September 29. General admission is \$3. For reservations and information call the MPC Box Office at 646-4213.



## "The Norman Conquests" Previews At Cal Rep September 21

The California Repertory Theatre is pleased to announce the opening of Alan Ayckbourn's *The Norman Conquests*. Directed by Peter Layton, director of the Drama Studio London/Berkeley, the trilogy—*Round and Round the Garden*, *Table Manners* and *Living Together*—will open consecutively on September 28, 29 and 30.

Ayckbourn chronicles the present-day Brits striving to keep up a show of manners and morals while they fumble for each other under the table (or on the rug, while the others are upstairs.) In *The Norman Conquests*, each play goes from Saturday to Sunday or Monday on a middle class family weekend. In *Round and Round the Garden*, the scene is an overgrown garden; in *Table Manners*, the dining room; in *Living Together*, the sitting room. Thus the audience gets a unique overview, which none of the characters shares, of who says what to whom in adjacent times and settings.

The plays were written laterally, i.e., scene one of *Round and Round*, then scene one of *Table Manners* and *Living Together* and thusly with the ensuing scenes. Director Peter Layton has chosen to rehearse the shows in the like manner. Though each of the shows is complete in itself, they are more enjoyable when viewed as a trilogy. All are comedies and can be seen in any order. Summarizing the plots would be as useful as summarizing a Monty Python sketch; it is the wit, the byplay, the outrage, that

Ayckbourn extracts from his characters and from commonplace situations that rivet the attention.

Michael Flynn, veteran Cal Rep actor, plays the title role of Norman, the assistant librarian who has assumed it his not-so-solemn obligation to lunge at every woman in sight, to the sometime delight of each. Others in the cast include Marcia Banks as Annie, Jarion Monroe as Tom, Dana Kelly as Reg, Susan Hegarty as Ruth and Karen Lamb as Sarah.

The trilogy previews September 21 through September 27 with champagne openings September 28 (*Round and Round the Garden*), 29 (*Table Manners*), and 30 (*Living Together*) at 8 p.m. They will continue in repertory through December 1. The shows play Tuesday through Sunday at 8 p.m. with Wednesday and Saturday matinees at 2 p.m. There will be no performance on Thanksgiving.

Tickets range in price from \$9 to \$13 depending on the day of the week. Previews are \$7.50 and champagne openings are \$17.50 each. A fifteen percent discount is available to those purchasing all three shows in advance. Students and senior citizens receive fifty percent off with proper I.D. one half hour before curtain time.

The California Repertory Theatre is located at 125 Ocean View Boulevard, off Cannery row in the American Tin Cannery Building, Pacific Grove.

Reservations may be made by calling 372-4373 or by contacting your nearest Ticketron outlet.

### Giant Puppet Performance Will Be Featured At The Sunset Center

The Theatre Sans Fil will present *The Hobbit* on Sunday, September 30 at the Sunset Center in Carmel.

*The Hobbit* is a no strings puppet theater using giant puppets for adults. The puppets assume a life and motion that is supra-human and thoroughly engage the audience in their peculiar fantasy world.

*The Hobbit* is adapted from the

trilogy by J.R.R. Tolkien and features the adventurous Bilbo Baggins, Gandalf the Wizard and a number of elves and dwarfs, as well as trolls and other beasts.

Performances begin at 8 p.m. Tickets are \$7.75—\$8.75.

For more information call 624-3996.

### Playwriting Competition Winner Will Premier September 20 At The Sunset Center

The world premier of *The Bookworm* will be held Thursday, September 20 at 8 p.m. at the Sunset Center Theater on San Carlos and 9th in Carmel. The play, written by Keith Gregor, is the winner of the 1984 Carmel Playwriting Competition. Tickets are \$4.

Directed by Peter De Bono, *The Bookworm* stars Jeff Huddleson, Sandy Williams, Jon Martin, and James Kinney in a comedy in two acts.

Performances continue through September 22. For more information call 624-3996.

### Songstress Will Be Featured At Campaign Fundraiser

Marie Therese Taylor, internationally noted chanteuse extraordinaire, will sing at a fund raiser for 5th District Supervisorial Candidate Karin Strasser Kauffman on Sunday, September 23, 1984, at the home of Pat and Dick McDermott, 275 Hermann Street, Monterey. Dessert will be served at 4 p.m. Donation is \$15.

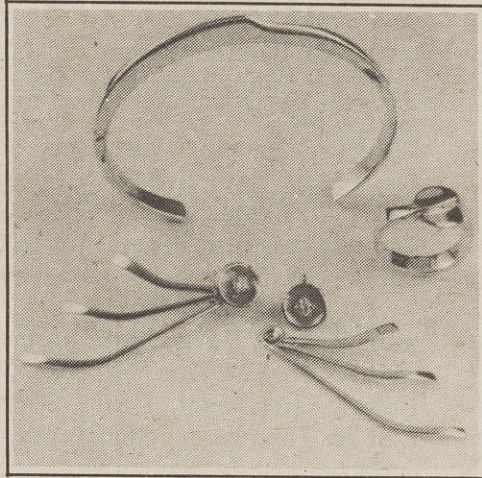
The public is invited to attend Ms. Taylor's recital.

Karin Strasser Kauffman, a political science instructor at Monterey Peninsula College, is seeking the 5th District seat currently held by William Peters, who is not seeking re-election. She is active in community and civic affairs,

and is active in many organizations including the Carmel Valley Property Owners Association and the Alliance on Aging. She is president of the Tularcitos School Site Council, and a Director of the Carmel River Watch. She is a member of the Professional Women's Network, and the Monterey County Energy Council.

Mrs. Strasser Kauffman's campaign headquarters are located in The Barnyard, on the third floor above the Tobacco Shop next to the Golden Buddha Restaurant.

For more information call 625-5515.



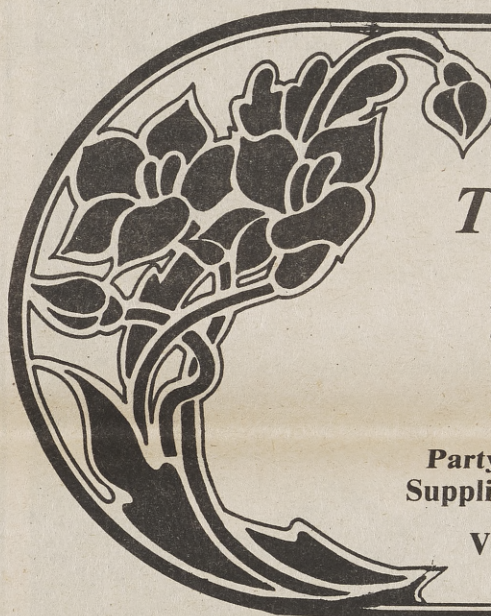
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## P.G. Art Center Receives Generous Grants

The Pacific Grove Art Center announced the receipt of two substantial donations. The donations were from Bank of America Foundation and from the Founders of Monterey Contemporary Art Now.

The Bank of America Foundation awarded the Art Center a one thousand dollar grant. The award was presented by Marion Fellows, Branch Manager of the Pacific Grove Branch.

On hand to receive the funds was Carol Huntington, Deputy Director of the Art Center. The grant will be used to purchase media equipment for the Art Center's new community outreach program.

The Founders of Monterey Contemporary Art Now presented the Art Center with a \$500 gift presented by

David Strange and Don Matthews. The money was raised through an exhibition of Masters Degree Art Students work from San Diego State University.

Project co-ordinator, Don Matthews, stated that the goals of Monterey C.A.N., a group which has since dissolved, "Have become important aspects of the Pacific Grove Art Center's direction, especially their exhibition of contemporary art forms."

The Founders of Monterey C.A.N. were Barbara Davies, Ann Foreman, Charles Gruwell, Don Matthews, Judy Noerr, Peter Pelat, David Strange, Frances Thompson and Douglas Zug.

Barbara Bode, Executive Director, and Carol Huntington, received the funds for the Art Center.

Photo by Debi Effron.



Renowned photographer, Bret Weston, attended the opening of Ray Lindsay's photography exhibit which will continue through September. Gallery hours vary but the exhibit can be viewed by special appointment. Call 659-4523 or 659-5586.

## Alliance On Aging Will Hold An Antiques And Collectibles Sale

The Alliance on Aging will hold an Antiques & Collectibles Sale on Sunday, September 30 from 10 a.m. to 4 p.m. at the Estrada Adobe in Monterey.

According to Novella Nicholson, Chairwoman of the event, the sale will include tin and copperware, crystal, linens, silver and china. It will also feature items of particular interest such as Limoges, a 19th century

fireplace fender, a 1920's fur stole in excellent condition and an Avon Bottle Collection which will be sold individually.

Customers may enjoy lunch in the Adobe's garden including chowder, sandwiches, ice cream sundaes and homemade cookies prepared by Pi Epsilon Sorority.

Admission and parking next door are free.

## October Stamp Issues Announced

Philatelists should set three days aside to keep up with the stamp issues for October. Issue dates are October 1, 11, and 26.

Collectors can look for "Family Unity," to be released on October 1, in Shaker Heights, Ohio and "Eleanor Roosevelt" will be issued on October 11 in Hyde Park, New York.

Two releases are scheduled for Oc-

tober 26. "Christmas Traditional" will be released in Washington, D.C. and "Christmas Contemporary" is scheduled for release in Jamaica, New York.

According to the local Post Office the stamps should be available here one working day after their release. For more information call the Post Office.

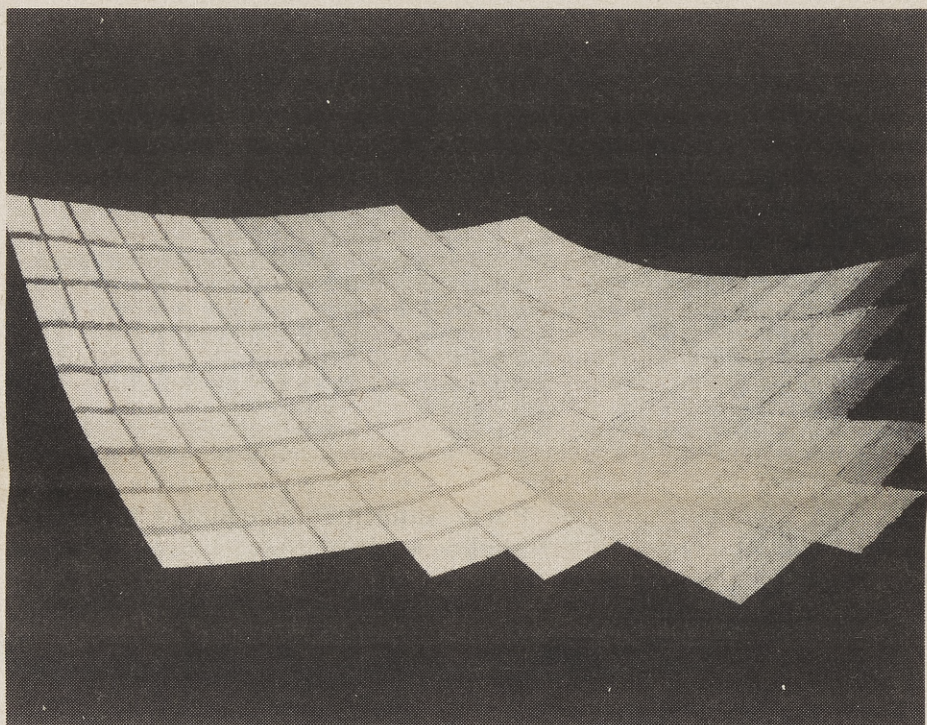
## Annual Hadassah Bazaar Is Scheduled For September 20

The Monterey Chapter of Hadassah will hold its Annual Bazaar and Delicious Deli luncheon on Thursday, September 20 at the Masonic Hall, Lincoln between 7th and 8th in Carmel. Luncheon will be served from 11 a.m. to 2 p.m. and can be eaten on the premises or taken out. The cost is

\$4.95.

Among the items for sale will be hand-knitted apparel, plants, home baked goods and other delectables, plus many surprises.

For more information call 624-7642.



The works of John Babcock along with many other fine exhibits will continue on display at the Monterey Peninsula Museum of Art. The Museum is located at 559 Pacific Street, Monterey. Gallery hours are Tuesdays through Saturdays from 10 a.m. to 4 p.m. and Sundays from 1 to 4 p.m.

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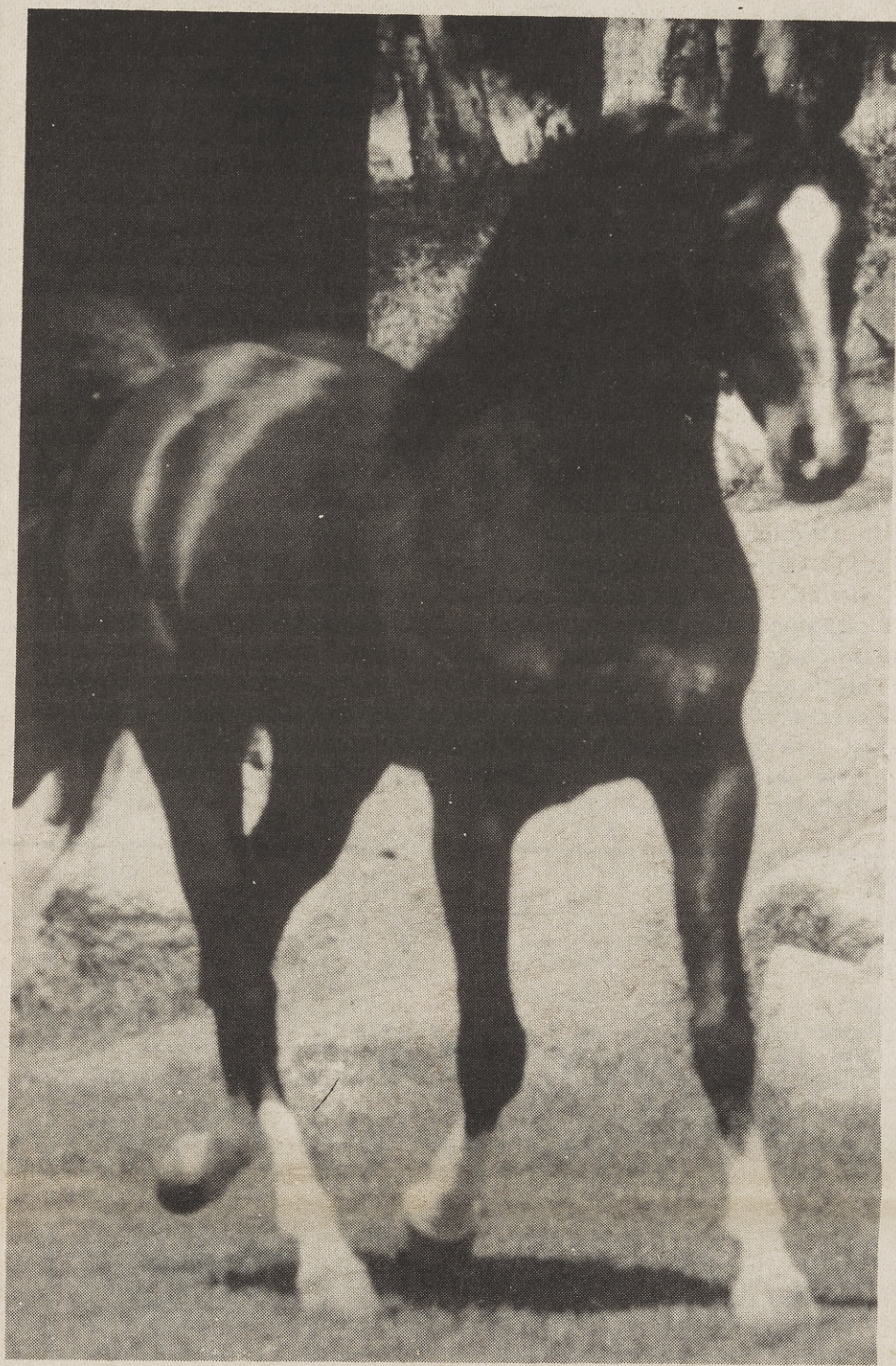
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# Beautiful Arabians Return To Fairgrounds



The majestic Arabians will return to the Monterey County Fairgrounds for the second annual Arabian Horse Classic on September 21, 22, and 23. This beautiful breed is well known for its beauty, intelligence and high spirit which will be demonstrated throughout the three day event.

The generous prize money of over \$10,000 is expected to attract, especially in the working Western classes, outstanding working cow horses and many national champions from the Monterey area. At least 300 horses are expected.

The Classic features 70 classes in all types of showing. General admission is \$3 per day; \$5 for box seats.

The judges will be nationally recognized Robert Lewis of San Mateo, California and Kent Kramer of Lodi, California.

The brass section of the Monterey Symphony Orchestra will play Saturday evening before and during the performance.

A wine-and-cheese party will be held for the exhibitors after the last class on Friday evening, and during the dinner hour on Saturday, the Cystic Fibrosis Society will hold a semi-formal dinner.

All proceeds of the show are donated to the Cystic Fibrosis Society. Mrs. William Kipp, president of the Society will be the official hostess of the show.

Cystic Fibrosis is a genetic disease which affects the lungs and digestive systems. It is estimated that 1 in 20 Americans is an unknowing and symptom-free carrier.

The disease affects approximately one in every 1,800 newborns—making it the most common, fatal genetic disease in the United States. Half the children born today with CF will not survive to age 20.

Presently there is no cure for CF and the basic cause is unknown. Funds are continuously needed to continue bio-medical research.

## Pebble Beach Will Host Annual Challenge Polo Match

The 2nd annual California Challenge Polo Match will be held Sunday, September 23rd at Collins Field, Pebble Beach.

W. Mackell Jason of Atherton will captain his north team for the re-match (North won last year 6-5) against Glen Holden of Santa Barbara, who will head up the southern squad.

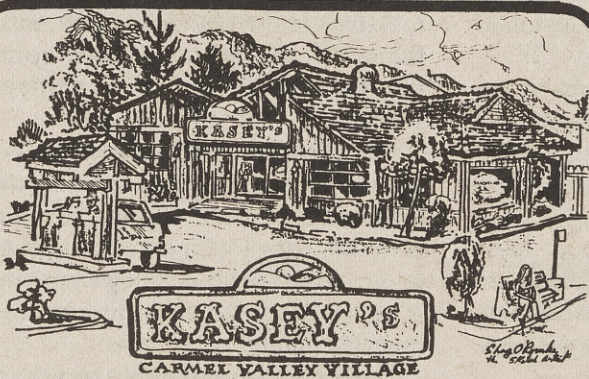
Opening ceremonies will begin at 1 p.m. followed by a parade of ponies and the 6 chukker match at 2 p.m.

In charge of the match are Robert Skene of Santa Barbara, formerly a 10 goal player, and R.S. "Pat" Herman, captain of the Pebble Beach Polo Club.

Field tickets are \$5 each and can be

purchased in advance at local Monterey Savings and Loans and the Farm Center. Tickets will also be sold the day of the match at Pebble Beach gates and on the field. The usual gate fee is waived for those buying tickets. A limited number of \$60 tickets are still available for the festive Clubhouse Brunch, catered by The Lodge at Pebble Beach, the day of the match. For information on the brunch, call Gretchen Bock at 624-0712.

The high goal match will benefit the United States Equestrian Team and the Pebble Beach Foundation. For more information call Carol Rissel at 649-8500.



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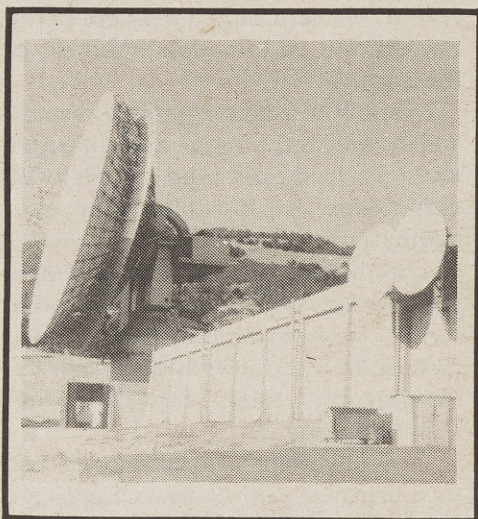
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STATE LICENSE 365061

**STEVE PARK**



Below: The Jamesburg Earth Station facility as it looks today.



The controversy surrounding the expansion of the Jamesburg Earth Station subsided while the drafting of an Environmental Impact Report took place. Now that the draft is completed the arguments for and against the expansion are again in full swing.

The expansion which the EIR addresses is a 25,000 square foot addition to the Earth Station's existing control building. It also includes an additional 105 feet in diameter antenna, one 62 feet in diameter antenna and three smaller Torus antennas which stand approximately 45 feet high.

According to A.J. Stotler, Director of operations for comsat (Communications Satellite Corporation), who run the Earth Station, the proposed expansion represents a master plan for the Earth Station which will see them into the year 1995 or 2000. Stotler said because of technological advances the addition of the 62-ft. diameter antenna may not be necessary. But, he said, Comsat was directed by the County to indicate any expansion that might be considered in the future.

According to Stotler, the project construction would occur in two or more phases, and would not pose unacceptable traffic hazards on Cachagua Road because the construction periods would be short and spread out over a long period of time. His estimation was a total of about ten months of construction traffic on local roads over a period of ten years. He also stated that because of the road conditions individual shipments are legally restricted and as a condition of construction Comsat is prepared to survey all bridges and culverts on haul roads and upgrade them as needed to support construction traffic. Following construction, he said, traffic on local roads would return to existing levels because even with the expansion, no new employees are expected.

The first phase of the project is scheduled to be completed by 1985 and includes the 105-ft. diameter antenna.

The construction phase is one of the main issues why many of the residents, who call themselves the Concerned Citizens of Upper Carmel Valley, oppose the Earth Station expansion.

"I am constantly reminded by people who have been in Cachagua for a

long time that the school bus was forced off the road twice during the construction of the first station. And that there were a number of accidents up there because of the construction equipment. Those small roads just cannot handle it," said David Armanasco spokesman and president of the Concerned Citizens.

The trucks would travel Carmel Valley Road by way of Greenfield and down Tassajara Road to bring in equipment.

*"It's totally unjustified by the guidelines that we have in our county regarding industrial use up in that area," said Armanasco.*

Comsat is asking to expand the Earth Station facilities to keep up with new, more sensitive and powerful satellites still under development. Those satellites, said Stotler, will operate at a new frequency range which is higher than what the existing "dish" operates on. He expects those satellites to be available to the Pacific Ocean region, which the local station services, in 1985 or 1986.

The addition of the Torus multiple-beam antennas would allow Comsat to interconnect with the domestic

Comsat (Communications Satellite Corporation), who manage the Jamesburg Earth Station in the Cachagua Valley, is a Washington, D.C.-based corporation. They are a privately owned company involved in global communications. The only government involvement in Comsat is through the restrictions and regulations placed on the communications industry by the Federal Communications Commission.

Originally, the Jamesburg Station was under the direction of AT&T. In 1962 after Congress enacted the Communications Satellite Act global communications was placed in the hands of private industry. There are many shareholders in Comsat but 50 percent of the stock is still in the hands of other communications companies such as AT&T and RCA.

Through its World Systems Division, Comsat furnishes satellite services to its communications carrier customers for service to the public primarily between the United States and foreign points. To provide these services, Comsat uses the satellites of the International Telecommunications Satellite Organization (Intelsat), in which it holds 24 per-

cent interest.

From its Jamesburg Station, Comsat communicates with 300 other sites located worldwide. Energy beams from the antenna are transmitted to a satellite situated 22,000 miles above the mid-Pacific in a stationary orbit. The antenna receives transmissions as well.

There are also other companies in the global communications industry who are in direct competition with Comsat. AT&T and RCA, who are shareholders in Comsat are among them.

As part of the Comsat enterprise, the Jamesburg Earth Station is involved in active research in operational and technical functions and programs aimed at advancing satellite communications technology. Comsat is currently researching such developments as transmission of computer information and video teleconferencing transmissions.

The expansion of the Jamesburg Station is to meet future demand for overseas satellite communications transmissions as well as to interconnect with the domestic satellite industry.

## EXPANSION: Concerned Citizens vs Comsat

satellite system which would help decrease the cost of domestic communications. These would be installed as needed to meet demands.

The Concerned Citizens have no desire to see additional "dishes" and antennas and feel the existing 97-ft diameter antenna is already a blight on the landscape.

Armanasco said the group feels strongly because this is a major expansion and would have an incredible impact on the Cachagua area if it were to go through.

"It's totally unjustified by the guidelines that we have in our county regarding industrial use up in that area," said Armanasco.

The Concerned Citizens were formed in late 1983 as a direct result of the expansion application which was originally submitted to the Planning Commission in August. Armanasco said the group, who are residents in the Cachagua/Jamesburg area where the Earth Station is located, found out about the expansion only two days before the public hearing on the project. They appeared at the hearing and convinced the Commission that an on-site visit was necessary and also convinced them that an EIR should be done on the project. Comsat appealed the decision for an EIR to the Board of Supervisors who upheld the decision. Stotler, however, said Comsat requested the EIR which he feels substantiates the low impact of the project claims.

There were several factors examined in the EIR which concerned the residents about the expansion. Among those are the visual impact, zoning, microwave radiation, noise, traffic, and water.

"The major emphasis," said Armanasco, "is that this is something they could consider doing somewhere else. Why does it have to be right here in our beautiful little valley where there is no justification for any kind of industrial plant."

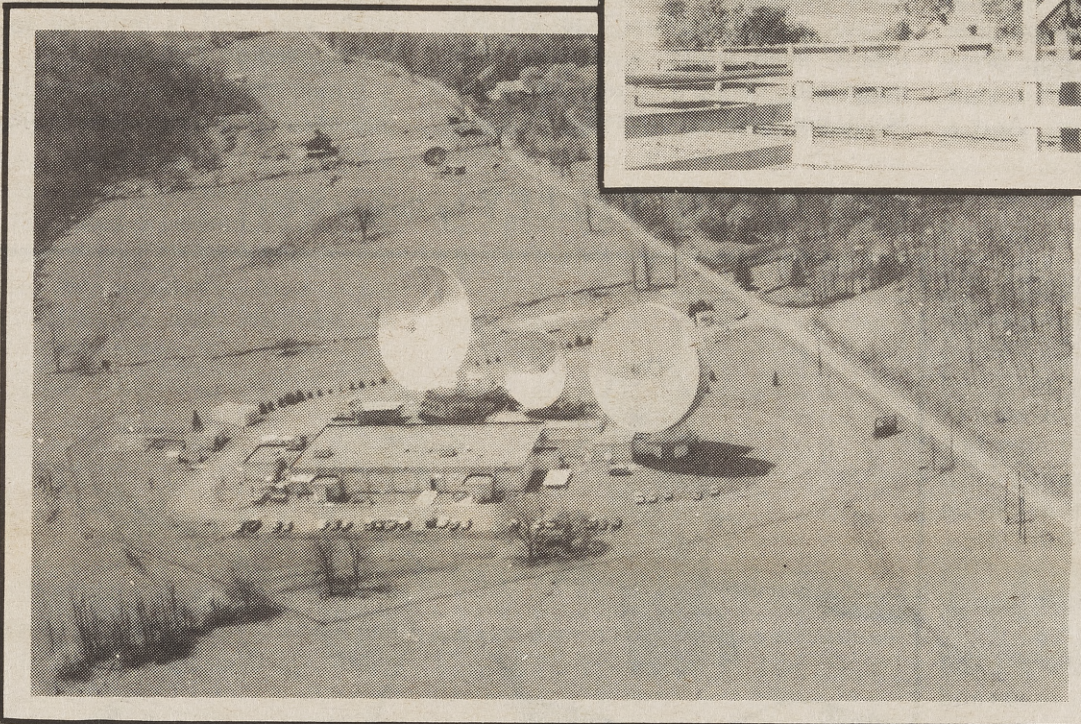
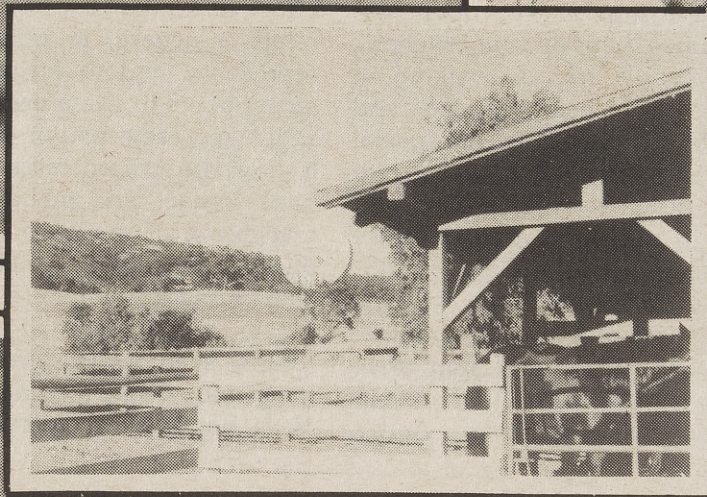
Stotler disagrees with Armanasco's observation. According to the Monterey County General Plan the 161 acre site where the Earth Station is located is zoned industrial. His only question is why the entire acreage owned by Comsat is zoned industrial when the actual facilities are only located on 8 acres.

*"The countryside was already altered by the building and existing antenna. Now it's a determination as to whether additional antennas alter that fact significantly or not."*

"I think that when the Cachagua Master Plan comes up for review that (industrial zoning) will be a very strong point," said Armanasco. "The General Plan at this time suggests that zoning. The Master Plan will say what will be. I'm glad that we have the processes



The shot below shows the "stunted trees" described by David Armanasco of the Concerned Citizens who oppose any expansion of the Earth Station facilities.



Top and middle: A view of the existing antenna from a neighboring ranch.

Left: This Comsat site in Edam, Pennsylvania shows what the antennas would look like after the expansion.

that we have because this is definitely a red flag."

"It should be taken into consideration that the existing facilities have been there since 1967," said Stotler. According to Planning Department Staff, industrial zoning is "planned" for that area to reflect its present use.

The visual impact of yet another "dish" and the Torus antennas was something that Stotler couldn't argue against and didn't try to. He did say that they were trying to minimize the impact as much as possible. The Torus antennas are being located off to the side of the facilities rather than in front which was originally proposed, he said. And, the 105-ft. in diameter antenna is being placed in line with the first antenna as much as possible. He feels Comsat is being very sensitive to the visual impact.

"The country side was already altered by the building and existing antenna. Now it's a determination as to whether additional antennas alter that fact significantly or not. Some people feel it does. Others feel that it doesn't and that the environment was already altered when the original facility was installed," Stotler said.

Another issue concerning the residents was that of microwave radiation which spills over the area that surrounds the Earth Station. Microwave radiation is also found in televisions, radio transmissions, telephone communications, microwave ovens and many other

areas. It is the energy Comsat uses in their satellite transmissions.

According to Environmental Health Officer Walter Wong, microwave radiation, simply put, is concentrated heat.

"It's like going out into the Sun. You stay in the sun too long and you get burned," said Stotler.

### **Responses to the EIR must be submitted to the Planning Commission by October 1.**

"What is spilling out of our antenna is equivalent to 20 television sets operating here in Cachagua."

The spillover area is cone-shaped relative to the main beam except directly below the main dish which receives the main spillover. According to Stotler, who says the EIR proves that there are no problems of microwave radiation, measurements taken around the dish and in the Cachagua area fall well below the Soviet Standards which are the most stringent standards set. In the U.S. standards have yet to be set.

Below standards or not, the Concerned Citizens want to know more about the biological effects of microwave radiation before they get exposed to increased radiation from the additional antennas.

"This is something that 'the EIR has not addressed,'" said Armanasco.

"What we're really after is we want to know more. We don't feel there's

enough knowledge on it. They've put out a lot of figures but it doesn't address enough about how microwaves affect you biologically."

Armanasco said the Concerned Citizens have sought the opinion of experts in the microwave radiation field and "some of the experts, and we feel through what they have said, is that this really has not been explored enough."

Armanasco presented an article from the *Science News* which discusses hints of low dose hazards from microwave radiation in an experiment done on rats. "It turned out that those exposed to minor doses of radiation developed cancer," he said.

According to Armanasco the studies on microwave radiation in the EIR done by Dr. Bruce Lusignan are suspect. Experts contacted on behalf of the Concerned Citizens "questioned the authenticity of George M. Hahn who is quoted in the EIR."

"According to the people we've been able to contact (Hahn) has no real expertise or reputation in the field (of microwave radiation). So that kind of concerns me," said Armanasco.

Armanasco also pointed out that the trees directly in front of the dish are obviously stunted. "It's not the results of pruning," he said.

Jack Swanson, who lives directly below the Earth Station said the trees along the dish were all planted at the same time. Twelve or thirteen years ago. He said trees on the south side

were planted more recently and estimated those were put in approximately four years ago.

"The Concerned Citizens have been doing a great deal of research on the EIR as it has come out," said Armanasco. "We don't profess to be experts, although we have sought the opinions of some." Their findings leave them with a number of questions on the main issues.

"In the EIR in some instances (the main issues) have been addressed well enough and in some instances are misleading. And in some instances there is just not enough information for our concerns."

The Concerned Citizens will submit their responses on the EIR to the Planning Commission by October 1, which is the deadline for such responses. They are currently putting together a combined response which, Armanasco said, they are not ready to make public yet because it is still in draft form.

Once the responses to the draft EIR are submitted, each issue raised must be addressed by Environmental Science Associates, Inc., who drafted the document. When those are addressed, the EIR goes back to County Planning for a final draft. It is then that the County will consider approval or denial of the expansion.

If the expansion is not approved Stotler said the facility would continue to operate but it would be an inefficient use of the existing facilities.

"If we can't expand, I can't be certain that the alternatives are as the EIR suggests—you'd have to go someplace else in a pristine location and alter the environment at that particular point." He said the replacement cost for the facility was in the twenty million dollar area.

According to Armanasco, there are other sites where Comsat could make their expansion. Comsat currently has Earth Stations in Brewster, Washington, and Santa Paula, California.

Stotler said that expansion at either of the other sites is infeasible. The Santa Paula site is small and doesn't have the facilities the Jamesburg station does, which is where Comsat's primary growth has been. Brewster, he said is too far inland and won't be technically acceptable for work at the new frequency range.







# CLUBS

## KIWANIS NEWS

by  
Dr. Steve Austin

### Kiwanis Have Quite A Month (And Year)

On September 29th the Kiwanis will hold their Annual Installation dinner at the Carmel Valley Inn. The event is held to offer thanks to the officers and board members from 1984 and to introduce the new leadership for 1985.

Elected by the membership to serve on the Board in 1985 were Dick Atwood, president; Marv Smith, first vice-president and Horseshow Chairman; Dr. Steve Austin, second vice president and Program Chairman; Harold Fly, treasurer; and Fred Fisher, secretary. Newly elected directors include Dave Behrent, Larry Busick, Dick Clarkson, Otto Huebner, Bill Marshall, Larry McCann, Bud McDonald, Randy Randazzo, Walter Toy and Egon Werdelman.

One of the first tasks to confront the new Board will be establishing a budget and to direct project activities. Fundraising is always a challenge but this year's job will be eased because of immediate past president Ed August. His guidance has made the club's past activities very successful. Also, under his guidance, our club has seen its largest membership growth since the club began over 33 years ago. New

members are the lifeblood of the club and their enthusiasm aids every aspect of the activities.

As I sat down to write this month I mentioned to my wife that it has been a quiet month for the club with the regrouping and planning activities. She laughed as if I was kidding and remarked that I could write more than *The Sun* would print just thanking people in the club for all the time and effort they have given to our community. As the list of activities and members grew I realized how correct she was. Also, with this exercise, I for one have come to appreciate how proud I am to be a member of this group and the many fine friends we have made. Well, off the bandwagon and back to the here and now.

The coals glowed again as the BBQ group under Chairman Web Buckham worked for the Community Center's "Day in the Park" and they will be fired up again for the Chamber of Commerce "Fun in the Sun" on September 23. Web's crew is always ready and have become so proficient in their tasks that we have considered a franchise operation. Remember, if you

have an event and would like to leave the cooking to us (hamburgers to filet mignon) just contact Web or your Kiwanis neighbor.

Jim Chinn of Monterey Savings (etc.) has sponsored another new member this month. John P. "Pat" Hannon is an attorney with offices at Mid-Valley. Pat is an avid golfer, racquetball player and cook. As you can imagine, the club will have no problem putting his talents to work.

Perfect attendance pins are awarded regularly in the club but two recent ones are of special note. Randy Randazzo was awarded a pin for 12 years with the club and Joe "Guiseppe" Ricupero received a pin for 27 years.

Also a special thanks to Dr. John Von Berg and his "Mystery Kiwanian" program. John collects information about a club member from family and friends or the member himself and then prints clues in the weekly bulletin. At the luncheon meetings other members attempt to identify the unknown member at \$1 a guess. Not only have we learned things we never knew about our friends, but we have raised a veritable pile of money for our

administrative fund thanks to John.

Notable speakers this month included A.J. Stotler of Comsat speaking on the "Facts and Fantasies" of the proposed expansion at the Jamesburg Earth Station facility. Also, Bloomquist Ranch Manager, Marvin Smith used a four foot aerial photograph and a laser generated three-dimensional topo map to discuss the new owner's plans for the 6,000 acre plus ranch. Their intentions are to continue to operate it as a cattle ranch but with the cost involved they have a formidable task ahead.

Luncheon speakers for October are as follows: October 2nd—Hidden Valley Music Seminars Director, Peter Meckel; October 9th—Fifth District Supervisor Candidate, Howard Brunn; October 16—Fifth District Supervisor Candidate, Karin Strasser Kauffman; October 23—Environmental Health Officer, Walter Wong; October 30—Certified Travel Agent, Barbara Krueger. If you would like to attend any of our meetings as a guest please contact any Kiwanian you know or myself for details.

## Sierra Club Outings

Two Sierra Club Outings remain for the month of September. They are hikes to Jacks Peak and the Bixby Creek.

The Jacks Peak hike is scheduled for Saturday, September 22. It will include an 8 mile loop up the mountain and back down. Hikers need to bring a lunch and water. The hike begins at 9:30 a.m. and participants will meet at the intersection of Carmel Valley Road and Canada Way. The leaders are Bill Bleick and Carmen Remenyi.

Sunday, September 23, hikers will set out over a moderate to strenuous hike at the Bixby Creek. The group, however, is limited to 8 hikers. The trek will include some cross country and rock-hopping. Call Gordon Williams for reservations at 372-6734.

### Women's Club Annual Silent Auction Is Approaching

October rounds the corner and brings into sight the Women's Club annual Silent Auction. The Auction is scheduled for noon, October 3 at the Rancho Canada Golf and Country Club. Luncheon will be served at 1 p.m. The cost is \$7. Reservations are required.

Auction items are donated by members and guests. Among the items will be baked goods, jellies, garden produce, collectibles, or other "treasures". Items of intrinsic value are tax deductible.

Proceeds from the auction are donated to community organizations. For more information on the Silent Auction call Cookie Meadows.

The ranks of the Women's Club are growing and seven new members were welcomed to the club. New members include Mary Coates, Geneva Jones, Bertha Starkweather, Joy Marshak, Lucille Toscano, Grace Vandermeer and Marjorie Wilson. Also, welcomed back as an active member was past president, Doreen McKenzie.

The Women's Club meets the first Wednesday of each month. Meeting places vary.

## LIONS CLUB NEWS

by  
Frank Catalano

### October Is Membership Month

**Welcome Baby Lions:** The Carmel Rancho Lions Club are most pleased to welcome three new baby Lions into the ranks of Lionism. These fine new Lions are Earl Slade (and his wife Ruth), Pat O'Keefe (and his wife Wendy) and Mike Azbill (and his wife Patty). Lion Earl who was in the hardware business was a Lion in the Stoughton Wisconsin Lions Club for thirty years. He was also a zone chairman as well as Deputy District Governor in that District. Lion Mike is a tree surgeon, while Lion Pat is in computer sales.

**New Eye and Ear Clinic:** The Lions of New Orleans, LA, along with other service groups have announced plans for a new eye and ear clinic on the grounds of the Louisiana State University. It will be called the L.S.U. Medical Center and Eye Institute and the Kresge Hearing Center. Exact plans are now in formation with the land having been selected and ground breaking in the near future. Congratulations to good old L.S.U. and all the Lions of New Orleans and the State of Louisiana.

**Free Eye Screening Clinic:** The Pacific Grove Lions Club will hold their annual free screening clinic at the P.G. Community Center, 515 Junipero, on Sunday, September 30. Tests for glaucoma, diabetes, and other vision tests for those people over forty, will

be held between 2:30 and 5:30 p.m. No appointments are necessary.

**Blind Center News:** Macy's will be holding a benefit with some of the proceeds going to the Blind Center. The event is scheduled for September 22 from 8 p.m. to midnight. There will be hors d'oeuvres and wine on each floor. The special guest will be Paloma Picasso. Tickets are \$25 per couple with entertainment and dancing to Jake Stock and the Abalone Stompers.

**October is Membership Month:** By bringing in men who demonstrate qualities of leadership, concern for the needs of their community and their fellow man, you will be strengthening your own club's capacity for service as well as Lions International. Sponsoring a new member during October will enable you to earn special awards and will also add to the future success of Lionism. Special awards will also go to the club president, club secretary and club membership chairman. By this fairly simple act, all benefit, so bring a friend, enemy, relative, neighbor or anyone interested in serving his fellow man and community. A good source of new members are many former Lions who have dropped out of Lionism for one reason or another. Remember. Once a Lion. Always a Lion.

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# BUSINESS

## THE CHAMBER CONNECTION

by Grace Darcy  
Executive Director  
Of The Chamber of Commerce

Now it can be told! congressman Leon E. Panetta (D-CA) will be the special guest at the Chamber's Fun in the Sun Day on Sunday, September 23, at the Community Center park. The Congressman, who is a Carmel Valley native son, has consented to say a few words to those assembled, and so his appearance will be the frosting on the cake of enjoyment for our community.

In addition to Mr. Panetta, there will be food, drink, games, prizes, raffle, booths, etc., all to make your day just a little bit lighter. You will have your choice of hamburgers, hot dogs, tacos, nachos, wine, beer, soft drinks, strudel, and ice cream. There will be music, and if anyone is so inclined, there's plenty of room to trip the light fantastic a bit. Certainly the music will be toe-tapping, so just swing your partner and have a wonderful time.

There are over twenty raffle prizes at this time, thanks to local merchants and innkeepers, and other businesses in the area. Your chances to win something special are good.

We'll open the park to guests at about 12 noon on September 23, and the Fun in the Sun will continue until about 5 p.m. All you need to bring is a light heart and sufficient cash to cover whatever delectable delights your palate demands.

The Chamber's Nominating Committee will shortly come up with a slate of candidates for election to the Board of Directors this November. We understand that there are some hard considerations being made—we do have so many highly qualified people—and so the Committee's job is not an easy one. Committee members are ROGER STRANGE, O.D., Chair, JUDY CASWELL, JO LOMANTO, LOIS LAMAR, RICHARD KRUEGER, and TIMOTHY HEASTON, D.D.S.

Congratulations to MONTEREY COAST HOME NURSING, a unique and service-oriented Chamber member organization. Headed by MARGARITE ALVARAEZ and JUDY HIGGERSON, R.N., MONTEREY COAST HOME NURSING is the only locally owned and operated Nurses' Registry and Service on the Monterey Peninsula. ALVARAEZ and HIGGERSON base their business on personal service, and both report that business has been better than expected because of this service.

DAVE SMALLEY'S ROUNDUP in the Valley Hills is really packing in those who love steaks and ribs. Drobby and say hello to Chamber Board member MICHAEL GRUBB the next time you're there.

It happens every summer and, you're quite right, it isn't directly

related to the Chamber of Commerce. In a very real way, however, it does effect business in the Valley. I'm talking about the carnage on Carmel Valley Road. The dead bodies of cats, dogs, deer, opossums, skunks, birds, etc. literally "litter" the road. Recently, a lovely little dog fell from the back of a truck and was killed. This was a totally unnecessary death, a totally unnecessary horror for those cars behind the truck. Many animal welfare organizations have been pushing for laws that would prohibit carrying animals in pick-ups and other trucks without some humane restraint so that the animal does not fall from the truck. This appears to be an important and urgent legislative need. When visitors come to our lovely Valley, surely they are as dismayed as locals are at the sight of so many furry bodies lying in their path. They may choose not to use the Valley Road again, and that would be a loss to all of the fine business people here who offer their services to visitors. Think about it.

Those who were unable to attend the September 13th Chamber luncheon at Los Laureles Lodge missed an important talk by A.J. STOTLER of COMSAT. Mr. STOTLER provided some facts and figures about modern technology that were mind-boggling. Remember, too, that there are tours of

the COMSAT installation every Wednesday afternoon, so if you'd like to see COMSAT, do call the installation and make a reservation for a tour.

Don't forget our Candidate's Forum on October 10 at RANCHO CANADA. KARIN STRASSER KAUFFMAN and HOWARD BRUNN will discuss the issues in accordance with a specific format set forth by President CHUCK MCKAY and Moderator NICK LOMBARDO. It should be a very interesting lunchtime.

Since August 15th your Chamber has answered 124 telephone calls (this does NOT include the telephone calls made by the Chamber), mailed out 76 responses to the inquiries, and handled the needs of nine visitors to the office. We haven't had any unusual queries lately, but they're bound to happen once in awhile, and we'll report them when they occur. Would you believe that ALL of our member inns and lodges were completely filled the week-end of the Jazz Festival? Well, no one could have nicer accommodations than those in Carmel Valley. Our innkeepers are a very special lot.

\*\*\*\*\*

Don't forget to come to Fun in the Sun on September 23 at the Community Center Park on Ford Road. See you there?



**FLORIST**

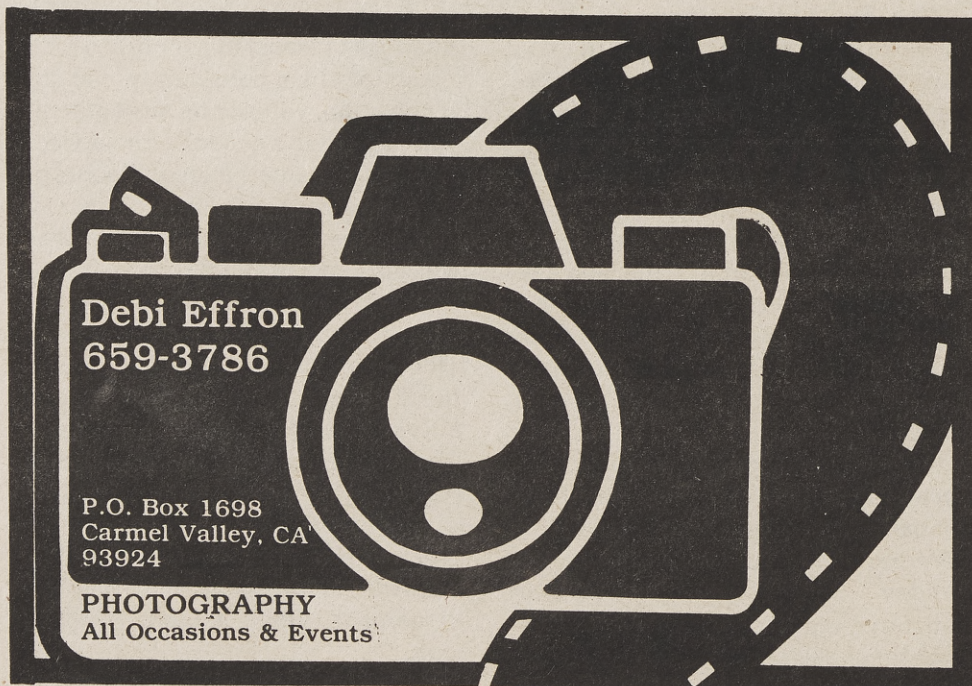
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# VOLVO



# ZIMMERMANN NOTES

by Stephan P. Zimmermann

We have not discussed individual securities in this column, and we don't intend to make a practice of it in the future. But a recent research project prompts us to discuss one issue in particular which raises many interesting questions about securities, and the pricing of individual stocks, in general.

When we look at a stock to evaluate its desirability, we tend to take a very traditional outlook. Earnings are judged on quality and consistency of increases. Assets and liabilities are scrutinized to determine just how much creativity the accountants have used. And the company's industry segment is evaluated along fundamental economic guidelines. Is the company in an industry with a high capital cost? Does it have extensive union exposure? Is the market saturated with product? From which segment of the population does the demand stem? Etc. etc. The entire analysis can take from a few hours to several days.

The company we discovered is in the fast food industry. It has been long and well established over fifty years. Its sales increased about five percent from 1982 to 1983, and ten percent from '83 to '84. Earnings per share rose from \$.03 to \$.08 to \$.20 during the same period, excluding certain non-recurring credits. After carefully weighing certain doubtful entries on the balance sheet, assets were restated to about \$6 million and liabilities to \$2.3 million. The liquidity ratio is better is better than 2 to 1. From any analyst's standpoint, a very respectable company.

We tend to look at the company's value as a stock in the Over-the-counter market as a multiple of current earnings, or sometimes as a multiple of future expected earnings. If the trend for this company continues, we would expect to see per share earnings rise to \$.32 for '84/'85 fiscal, which ends next march. Similar fast food restaurants are currently selling in the market at 10 to 15 times earnings. Thus, the stock for our gem should be at about \$2-\$3 per share, valued at current earnings, and expected to rise to \$3.20-\$4.80 per share based on expected '85 earnings. and that's precisely where it is, and unfortunately, has been, for the last several years. Trading at the low end of the current earnings multiple is indicative of a number of problems. For our company, the problem reduces right down to one issue: management!

As is the case with many "mom and pop" companies which have gone public, the adjustment from being a private, family-run company to one

with the responsibility of being monitored not only by outside shareholders, but by the various regulatory commissions, has not been an easy one for Nathan's Famous, purveyors of kosher hot dogs and other delicatessen items in New York and Florida. Whereas other fast-food operations have capitalized on their name recognition to expand, often like wild-fire, Nathan's has been very insular in its expansion. Management has not felt comfortable outside of its New York City base. From our assumptions, it is not geared to the aggressive growth orientation which would permit it to command an earnings multiple such as Chi-Chi's, the hottest fast food chain in the country, selling at a hefty 23 times earnings. Nor does the management have the apparent sophistication to turn the company into a real estate operation, such as McDonalds, thereby providing asset stability.

The senior management votes itself hefty salaries and stock options, and controls well over fifty percent of the common stock, making it extremely difficult for outsiders to take an active part in the operations of the company. For each of the past three years, dissident shareholders have challenged management's policy of issuing self-serving stock options to management and key employees. The list of management problems continues to increase.

With this in-depth analysis, major stockbrokers will simply not show any interest in the company's shares, and potential new stockholders will shy away from buying in. Without major underwriting support, the company's shares tend to be purchased by smaller investors who do not have the necessary clout to tout, i.e. to push up the value of the shares the way a major securities firm can and does. Thus, sad to say, even if management were to change drastically its operation of the company, and even if the strong earnings performance continues, Nathan's may never be a Chi-Chi's. If it were, the stock could push as high as \$7.50-\$8 per share. The moral of the story: sales and earnings alone are not sufficient to translate decent financial statements into solid profits. Underlying every stock and every investment is the quality and the perspective of management. Often this is the single most difficult ingredient to judge. Caveat emptor....!

(Stephan Zimmermann is president and senior analyst of Zimmermann, Wilson & Company, Inc. in Carmel.)

## Chapel Guild Will Host A Pot-Luck Luncheon

The Carmel Valley Chapel Guild will meet October 10 at 12:30 p.m. in the Fellowship Hall on Village Drive. It will be a pot-luck luncheon so come and bring a hot dish, salad, or dessert to share. Participants should also bring their own table service.

Following the luncheon will be an interesting talk by Reverend Anne Swallow. She will talk about her recent

trip to the Soviet Union.

Hostesss for the luncheon are Chairman Linda Ingram, Helen Keene, Mary Berta and Marge Capon.

The Guild also announced that plans for their annual Christmas Bazaar are under way. The date has been set for December 8th so watch for more details.

## The Steffani's continued from page 6

Throughout his retirement Fred busied himself building this and that. He loved rockwork and the remains of his days at Camp Steffani are a sight to see.

One of his accomplishments is a monument to the Legionnaires. Fred was very patriotic and had the group out regularly for barbecues and fun.

His best works, however, was built into the hillside. He spent countless hours erecting a river rock sanctuary loaded with all manner of ingeniousness. He put in a wine cellar, a reading bay, a bedroom (with a built in bed), a cold storage area and there are even a couple of hand dug wells.

Lance Rine, who currently owns the

property is slowly but surely trying to restore Fred's efforts to their former glory.

The most intriguing structure, however, was the fireplace Fred installed in the cabin. Imbedded in the rockwork are stones from all over the world. Even Leo Berta remembers bringing stones from Saipan to be put into the structure.

Much has changed since Steffani's days in the area. Joseph Steffani died in either 1959 or 1952. (There were two Joseph Steffanis listed.) Harriet and her two sisters are all that remain of the Feliz family. Many of the original cabins have survived, and many new ones have been added.

## Panetta Will Address Democratic Women's Club

Congressman Leon Panetta will speak to the Democratic Women's Club of Monterey County on Saturday, September 22 at 2 p.m. in the Community room of the Monterey Library on Pacific Street. Congressman Panetta will give a report on Congress. The meeting is open to the public.

For the benefit of those who did not hear Gov. Mario Cuomo's Kenote Address at the Democratic Convention, a tape will be played after the meeting. Refreshments will be served.

For more information call 624-7642.

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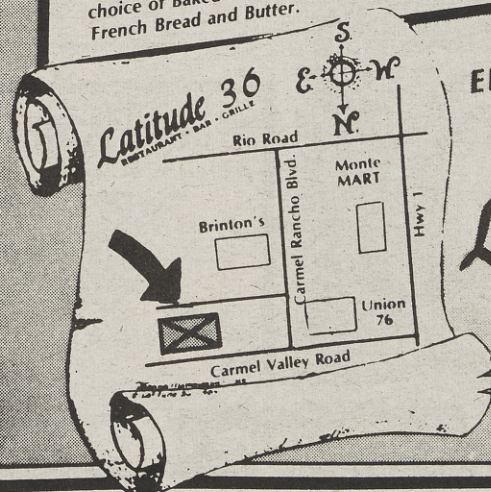
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# ANIMAL TRACKS

Cathi Stalder  
Education Director

## No Veal This Meal

When Toby was just two days old, he was trucked to an auction where he remained until he was sold. If he were fortunate, he would have died during the arduous truck ride. The unfortunate calves, the ones that don't appear sick, are sold in lots to stock empty veal barns.

Raising calves for milk-fed veal is relatively inexpensive; the equipment and space required is minimal. It is an attractive alternative to farming for

many would-be farmers anxious to start a money-making business of their own. But for the calves involved, it is an inhumane way to spend the remaining four months of their lives.

When they finally arrive at their new home, the calves are placed in stalls or crates that are typically two feet wide and five feet long. The stalls are barren, without any hay, to prevent the calves from eating solid food. They must stand or lie on the cold, hard

floor of the stall or on the wooden slats of the crate. Immediately after the calves are put in confinement, the lights are turned off. There they will remain, in total darkness, for 22 hours a day, everyday, for their short lives. The lights are turned on twice daily for an hour—once in the morning and again in the evening for their feeding. They will not be allowed to graze or eat any nutritious solid food. Instead they will be fed a skim milk based diet, low in iron, causing anemia, which results in the white meat so highly prized by gourmets and connoisseurs.

The calves are allowed no interaction with humans or other calves. They are unable to turn around, groom themselves, exercise or move in any way, lest their tender flesh be toughened, bruised or damaged. These calves are frustrated emotionally, socially, and physically, and contract many diseases such as pneumonia and diarrhea. Since the stalls are too narrow to turn around in, the calves may either stand in place, or lie down. Often the stalls are not cleaned and they are forced to stand or lie in their own excrement. In essence, the stalls are designed to ensure a tender flesh. It is without

a doubt, inhumane confinement.

In the United States, about one million calves are raised for milk-fed veal each year. This figure represents about one-third of all calves raised and slaughtered.

Menu or butcher shop veal is identified as "milk-fed veal" or "white veal". It may also be called "nature," "prime," or "special fed." Popular brand names for milk-fed veal include "Delft Blue" and "Plume de Veau." In taste tests between milk-fed veal and calves raised humanely, with the opportunity to graze, nurse, exercise and groom, the taste is indistinguishable. This test conclusively proved that neither flavor nor texture is altered.

Buying milk-fed veal supports the system of raising calves under conditions of confinement and deprivation. When purchasing veal in the store or ordering it at a restaurant, inquire about its origins. Be a conscientious and informed consumer. All animals, even those raised for slaughter, have a right to live their lives in a natural, humane environment. Let's save calves from facing this dreadful ordeal and say "no to veal this meal!"

## SPCA To Hold Photo Contest As Part Of Animal Fair

The Monterey County SPCA is holding a photo contest as part of the 10th annual Animal Fair to be held October 7 from 11 a.m. to 4 p.m. all winning photographs will be displayed at the fair.

Contest rules are: 1) The contest is open to amateur photographers between the ages of 8 to adult. SPCA employees and their families are not eligible. 2) The entry fee is \$2 per photograph. There is a limit of three pictures per entrant. All photos must be black and white 5x7 glossy. 3) All entries must be in before October 3. They will be available for pick-up by owners after October 7 at the SPCA. 4) categories are Ages 8-12, Ages 13-17, Ages 18 and over. 5) The photos should show interaction between humans and animals. The goal

is to illustrate the human/animal bond. 6) Awards are first—\$25, second—\$15, third—\$10, with bumper stickers for honorable mention. 7) all entries must be accompanied by a separate sheet of paper per photograph and include name, address, telephone number, and age of photographer. 8) Entrants need not be present to win. They will be notified by mail after the Animal Fair on October 7. 9) Please send all entries to the Monterey County SPCA, P.O. Box 3058, Monterey CA 93942, Attention: Photo Contest.

The SPCA is not liable for any damages to photographs in their possession.

For more information call 373-2631.

## Carmel Businessmen Rally For CARE

September was CARE month in Carmel thanks to merchant Lloyd Firstman, owner of Lloyd's Shoes.

A donor to CARE, the international aid and development organization, Firstman wanted to do more than just write out his check. He wanted others in Carmel to know of CARE's work and the needs of those less fortunate overseas. So he contacted several Ocean Ave. merchants and asked them to join with him in raising money. Each of the participating merchants has a CARE box displayed on their counter. Those who donate to CARE become eligible for gift certificates provided by the merchants.

Other participating stores are: The Bay Company, The Cookie Place, Fortier's, Monterey Baking Company, and Seasons.

## Answers To Crosswords PLUS

(see puzzle page 9)

Sizes

Nellie Forbush (52 Across) was Mary Martin's role in *South Pacific*.

VAL (37 Across) is short for Valenciennes, the French industrial city which manufactures the lace.

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# PET PROBLEMS

by  
Dr. Alyce Wolford

**My dog and I both have a weight problem. I want to start jogging with him. How should I start?**

It's a great idea to take your dog with you when you go out jogging. You should consider, however, taking a few precautions prior to starting him out on this routine.

A dog should have a thorough medical check-up before commencing a program of rigorous exercise. Obtain your veterinarian's approval before starting this program. Don't overdo it at first. Dogs, just like people, have to build up their endurance. This conditioning is particularly true for puppies. They have to build up their strength and toughen up their paw pads.

Take special precautions in hot weather. Dogs overheat much more readily than people do. In the summer, try to jog during the cooler times of the day, preferably in the early morning or evening. Never feed your pet until you've finished exercising. Feeding a meal before a workout may make your dog lethargic and could also cause bloat, a serious condition that sometimes can be fatal. In conclusion, always keep your dog on a leash when you are running.

**My two-year-old golden retriever developed a skin problem this summer. His skin has a bad odor, flaking, and sores on his back, especially near his tail. I put him on a diet high in chicken fat, and use Sulfadene on the sores. Should I use a particular vitamin supplement to relieve this problem?**

The condition you describe could be one of many skin diseases that are fairly complex. It is important for you to take your dog to a veterinarian so that a proper diagnosis can be made.

Local areas of skin irritation or "hot spots" are an acute area of self-inflicted trauma on the skin, occurring most commonly in dogs with a heavy undercoat, such as golden retrievers.

A dog will chew or lick an area on its skin when it is irritated by FLEAS,

a small injury, or an allergic skin disease—for a variety of other reasons—can eventually produce an open red, hairless lesion called a "hot spot". The hair around these spots must be carefully clipped, and the spots themselves require medication. Food or vitamin supplements are unlikely to relieve the underlying problem. It is quite possible that your dog develops allergic skin diseases during the warmer months that cause him to scratch his skin and develop "hot spots". Fleas and flea allergic dermatitis are very common causes of skin problems. In addition to treating the immediate skin disease. Flea control on your pet and in the environment (both indoors and outdoors) is essential to relieve your dog's problem.

**A pet-store clerk has recommended that I wrap sandpaper around my bird's perch to trim its claws naturally. Is this a good practice to use?**

Using sandpaper on perches is a practice to be discouraged. The sandpaper does not accomplish the intended purpose of keeping the nails short and, in addition, can irritate the bird's feet. If the nails are overgrown, they should be trimmed by someone experienced at doing this procedure.

**What venereal diseases do animals get?**

Animals do not get the same diseases that humans get, but pets are susceptible to venereal diseases. Transmissible Venereal Tumor is a virus that is spread through sexual contact. Brucellosis is caused by bacteria and can cause breeding problems, spontaneous abortion, and can be spread to humans.

A venereal disease can affect your pet's vaginal discharge, blood, urine, semen, or milk. Be certain that all potential mates are checked for the diseases described. You can protect your pet by preventing her or him from breeding with roaming animals.

## Hearings Will Begin On Laboratory Animals Treatment

by Mary Tesoro

Hearings have been scheduled by Chairman George E. Brown, Jr. on his Bill H.R. 5725 to prevent needless suffering of laboratory animals, an oversight of the Federal Animal Welfare Act which the bill would strengthen. The hearings begin September 19 in Washington, D.C. and will continue through October 4.

The purpose of the bill is to halt inhumane cruelty to research animals and has gained a great deal of publicity. Proponents of the bill point out that the bill will not impede good research, but will advance scientific work by cutting down on the grim suffering that laboratory animals too often undergo.

The proponents attribute carelessness, callousness, and indifference to the inhumane treatment of the animals and say the bill is to prevent needless pain.

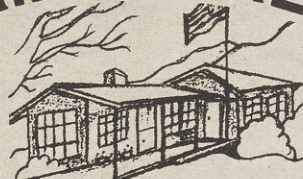
The bill would: Provide for the use

of pain-relieving drugs to minimize animal pain and distress, discourage the use of paralytic drugs without anesthesia, provide for quick euthanasia of suffering animals after the conclusion of the experiment, require pre- and post-surgical care and provide a computerized information library as a reference to investigators in order to prevent the waste of tax dollars in the duplication of research. The bill would also provide for enforcement of these and other standards and for community monitoring.

A companion bill (Senate Bill 657) introduced by U.S. Senator Robert Dole would also provide humane treatment to laboratory animals.

Those supporting the legislation should write local Representatives and Senators and express their feelings on the issue.

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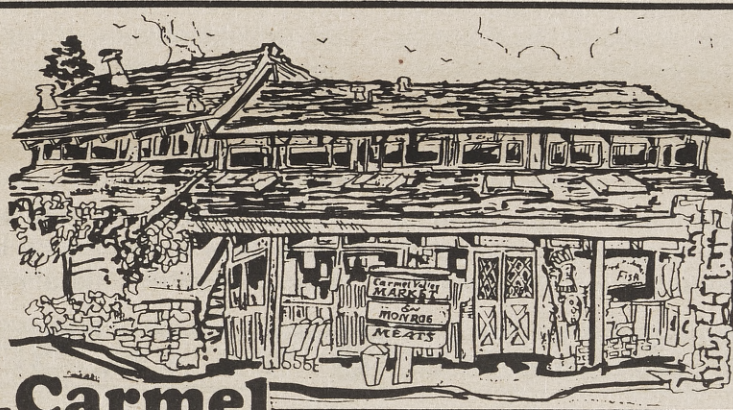


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# BOOKS

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Account of a small town's life and history by the author of "...and the ladies of the club."
2. *The Miko* — Eric Van Lustbader  
Sequel to *The Ninja*
3. *The Miracle* — Irving Wallace  
New novel by the best-selling author of *The Pigeon Project*, *Second Lady* and many more.
4. *The Eye* — Bill Pronzini and John Lutz  
Novel of suspense about a man who, believing himself God, terrorizes a city.
5. *Maison Jennie* — Julie Ellis  
An enthralling story about the conflicts between love and success
6. *The Discovery* — Steve Shagan  
This new story by the author of *The Formula*

combines the suspense of a treasure hunt, the action of international intrigue and a haunting love story.

7. *Close Encounters* — Mike Wallace and Paul Gates  
Biography of one of America's most controversial and respected journalists.
8. *The Passion of Molly T* — Lawrence Sanders  
The story of Molly Turner, a 20th Century Joan of Arc who becomes the first female American paramilitary leader.
9. *Lightning* — Ed McBain  
An 87th precinct novel.
10. *The Wendy Dilemma* — Dr. Dan Kiley  
This new book by the author of *The Peter Pan Syndrome*, explores the dilemmas faced by women who try to stop mothering men.

### COMING SOON

1. *The Lines of Rachel* — Joel Gross
2. *Ride a Pale Horse* — Helen MacInnes
3. *Strong Medicine* — Arthur Hailey
4. *Wild Animals: Three Novels* — Peter Straub
5. *Parachutes and Kisses* — Erica Jong
6. *Last Message to Berlin* — Philippe Van Rjndt
7. *Not Dead, Only Resting* — Simon Brett
8. *The Price of Silence* — Hugh Pentecost
9. *The Forest* — John Wainwright
10. *The Fala Factor* — Stuart Kaminsky
11. *Death in Camera* — Michael Underwood
12. *Death in a High Latitude* — J.R.L. Anderson

## OHO Tournament Will Be Sept. 21

The Taylor California Cellars Open Heart Open Golf Tournament will be on September 21, 1984, at Corral de Tierra Country Club, west of Salinas. All men and women golfers who would like to support American Heart Association research and public education are invited to enter. The entry fee is \$125 which is tax deductible.

Taylor California Cellars, tournament sponsor, is underwriting the tournament costs.

The 1984 Open Heart Open is dedicated to the memory of George P. Galios who was a former OHO commit-

tee member and well-known Peninsula amateur golf champion. Galios held many golf titles, including amateur winner of the 1956 Bing Crosby Pro-Am Tournament.

Top prize for the OHO is three days and two nights for two people at Harrah's, Lake Tahoe. The vacation package, provided by Alvarez Truck Brokers of Salinas, includes shows, some meals and golf at Edgewood Golf Course.

OHO golfers will play in one of seven flites depending on their handicap. A number of local golf profes-

sionals will be on hand to give golf tips and a demonstration for the OHO participants. They will also compete in a closest to the hole, pro shoot-out. After the tournament play, OHO participants may invite one guest to join them for a complimentary, elaborate, hors d'oeuvres buffet and wine tasting, hosted by Taylor California Cellars at Corral de Tierra Country Club. OHO or companies who would like to sponsor with tee advertising may call the Central Mission Trails Chapter of the American Heart Association at 372-0485, 688-7272 or 757-6222.

### Photographs By Ryuijie Will Be On Display At The Daniels Gallery

Photographs by Ryuijie will be on display at the Josephus Daniels Gallery starting September 29. The show continues through November 4.

The gallery is located in Carmel on Delores and 6th in the Su Vecino Court.

For more information call 625-3316.



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# THOUGHTS

by Illia Thompson

All morning the boy had worked hard to earn money for the fair. The physical jobs, picking up trash, digging a trench, seemed light as he formulated plans to use the five dollars to its fullest. I'll spend a dollar on a drink, a dollar on food, and three on rides. The Ferris Wheel, I love the Ferris Wheel, if my friend goes on it with me, I'll go on it, he fantasized. I get to go at night; I've never been at night. All the lights; all the people.

Work completed, he went home, cleaned up, rested, thus preparing for his adventure. He was attending the fair with a neighbor his own age and

his uncle. Finally, as the sun was setting, they were on their way.

The fairgrounds proved to be even more electric than the boy had anticipated. Music, lights, people milling about in brightly colored outfits, hats with turning pinwheels, hawkers shouting their specialties, the aroma of food from many nationalities. The senses were in full gear; so much to see, so much to do.

After a stroll through the midway, the boys went to the Ferris Wheel, bought tickets and stood in line to wait their turn. As the boy held his tickets and his change, a teenage boy

came out of the crowd, grabbed the tickets and the money and ran off. The boys chased him, but obviously adept at theft, the culprit left the fairgrounds through a hole in the fence. The boys went to the security officers. They were sorry, but since they had not witnessed the event, they could be of no help.

The anger felt was enormous. It's not fair. Why did this happen to me? I worked so hard. The injustice of the event almost prevented him from being able to enjoy the rest of the evening, but somehow he was able to put aside his feelings for a while and continued to appreciate the outing.

When he came home, the anger erupted. The event dominated all else. Life would never be the same. To him, it was a tragedy.

His parents understood; he had every right to feel that way. But, he had to let it go, to go on with his own life. They pointed out concern for the boy

who stole. What kind of a life was he choosing for himself, what circumstances had brought him to these decisions? Still the boy felt angry. Again, the parents accepted his feelings. Then they explained.

What happened to you was an unfortunate incident. We feel that with you, but it it was not a tragedy. You, luckily, have not had to experience many unfortunate situations, but they do happen and we have to go beyond them. Tragedies occur when people are incurably harmed, such as during wars, when people take their own lives, when there isn't enough food, when people are repeatedly unthinking of others; these are some tragedies.

The next morning, after a sound sleep, the boy awoke and welcomed the new day. He still talks about his unfortunate incident and all the rest of the events that fill his life.

## WHERE THERE'S SMOKE

"The frightening sight was not the station wagon, nor the mother and her six children, but the manner in which the children were being transported. Picture if you will, six children appearing to range in age from 8 weeks to 11 years scattered throughout the confines of a small station wagon. On the mother's lap, standing on the seats, sitting on the seats and frolicking back and forth from the seat to the rear storage area. None of the children were secured to the vehicle. This is truly a prelude to tragedy." (Copied from the Highway Partolman, May 1983.)

How many times have you seen a vehicle with an empty infant seat on the back seat and the child standing on the front seat next to the driver? Once is too much.

As adults we take on certain responsibilities when we drive. We keep our vehicles maintained in proper working

order, we watch our fuel gauge and other gauges and "idiot lights"—but do we obey the "fasten seat belt" light? There is no idiot light announcing an impending collision. The result of this is an auto accident.

Auto accidents are the leading cause of accidental death in the United States for people under the age of 25.

As parents, we painstakingly provide the very best in medical care, education, clothing, toys and nutrition. We love and care for our child in every way and this should include providing them with protection in the automobile.

Over 5,000 young children alone were killed in our nation as a result of auto collisions during 1983. Most of these children would have survived had they been properly restrained to the vehicle.

The dashboard, a windshield, a

floor, door or yet another unrestrained body can become dangerous weapons in an auto collision. When an astronaut leaves the earth's atmosphere his body must be in such physical shape to withstand 7 "Gs" or 7 times his own body weight. The small child that strikes a windshield, dashboard, floor or door at 35 MPH will feel a force equivalent to 250 "Gs", the same force that would be felt by the child had it been dropped from a 3 story building.

When, then, do children ride unrestrained in an automobile? Ask yourself as well as other acquaintances this question. "Seat belts are too confining." (So is a wheelchair.) "Seat belts mess up your clothes." (Windshields mess up your face.) "I was only going a short distance." (Six feet under.) "I can catch my child by holding out my arm." (You must be ex-

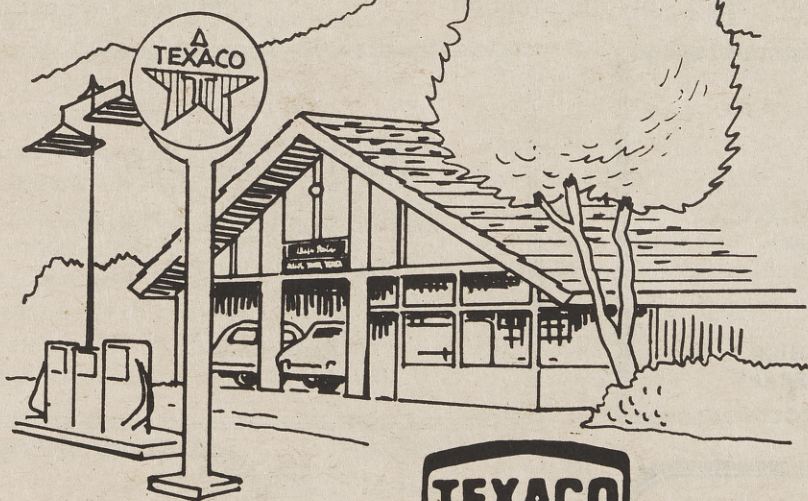
traordinarily strong in order to catch a child moving forward with the force of 12,500 lbs.)

The reason why children are not secured by seat belts is because those parents have never been victimized by the tragedy of a human collision. A child must be taught to wear a seat belt. Children can not make these decisions and choices and therefore, suffer from the decision of the parents.

Like many facts of life, "an ounce of prevention is worth a pound of cure." Recently the California Legislation passed a statute which became effective January 1, 1983. This statute mandates the use of seat belts for all children under the age of 4 years. This law is practiced in many states nationwide. The parent, if caught and sited can be fined \$50 for an unrestrained child.

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# TO YOUR GOOD HEALTH

## Dr. John Bennetts Will Speak At Preschool Open House

The Carmel Valley Chapel Preschool will be having Open House on Tuesday, September 25 at 6:30 p.m. in the Fellowship Hall at the Carmel Valley Community Chapel on Village Drive.

The evening will feature guest speaker Dr. John Bennetts who will be talking about the Health, Safety and Wellness of the preschool child. Dr. Bennetts has a family medical practice

in Mid-Valley on Berwick Drive.

Old fashioned music will be provided by Bill Sullivan and Friends. Sullivan is a member of the band "Night Life".

A pot luck supper will also be featured. Parents, families, friends or anyone interested is invited to attend.

For more information call 659-3030 or 659-2278.

"New Horizons In Genetics: Some Issues, Some Answers" will be sponsored by the Family Planning Education Council on Friday, September 28. The workshop will feature presentations by staff from the Stanford University Medical Center Genetic Counseling Staff. They will cover information on pre-natal diagnosis, birth defects,

family counseling, teratogens in pregnancy and local resources.

The program is accredited by the California Board of Registered Nurses for six contact hours of continuing education.

For registration information contact the Salinas Adult School at 758-9861. Pre-registration is required.

## KEEPING IN TOUCH

by Linda Lundy

### Self-Help Suggestions

In cases of emergency we go to others for assistance to help reinstate our sense of inner calm and well-being; to help us relax and feel whole which allows the healing process to quicken. As an alternative, there are a number of easy, fun to learn systems of self-help that have been distilled from ancient, proven therapies. They can be done with clothes on and are also unobtrusive enough that they can be done in public. These skills can be invaluable in our fast paced world.

One such system is Self-Therap/Ease, which is based on the Asiatic healing by hand technique of accupressure. Like most natural and wholistic therapies it is best used as prevention and in conjunction with healthy living habits—proper food and rest, and proper use of one's energy. The technique can be used, for example, while waiting for an appointment or important meeting. One can easily

hold the right spots on the temple and back and concentrate for three minutes on the calming effect on the central nervous system. This will help dissuade a bad tension headache that might come two hours later and could also avoid the possibility of making a poor impression at the meeting. It requires, of course, some attention and time to retrain fretful, nervous energy into those concentrated specific moves, but, to rebalance ourselves it is worth it.

How and why does this system work? Within and outside the body exist energy currents that go through every organ in the body. They feed into one another and regulate the flow of our life force. There are "power" points along these "meridian" (which means great circle) lines which, when held in tandem, produce a normalizing, balanced flow of energy. The flow eliminates deep rooted muscular ten-

sion, and conditions such as constipation, dizziness, lower backache, sinus problems and indigestion. Orientals feel that even cronic disease conditions can be altered if the correct sequence of moves in the right combination is used consistently with improved living habits.

The power points and meridian lines have been verified by Western technology. As early as 1924 Nobel Prize winner Willem Einthoven, who developed the electrocardiograph, proved the vital presence of tiny electrochemical streams that trigger our physiological system. It is as if we have our own power house with circuit breakers that sometimes become overloaded and cause power shortages further down the line. (That is why pressing a point on the tailbone or foot along with its corresponding point can affect, say, a headache.) This system of currents was mapped out 5,000 years ago in China and probably took thousands of years of experimentation and refining through practical use for mankind to discover. In fact, Western medical doctors have witnessed some of the same techniques used by American Indians in their healing, and it is believed that the Indians migrated to the Western Hemisphere over the former Aleuthian land bridge some 20,000 years ago.

Until very recently prejudice and suppression kept this information

from being fully explored and integrated into Western medicine. It did not fit the picture of doctor and medicine as rescuer and savior—an outside force that can be relied upon to promote instant cures.

Simply stated the Oriental theory says what goes in must come out. If we abuse our bodies with over exertion, over eating (or their counterparts unsafe dieting and remaining sedentary for long periods) imbalance and disease will occur. Life is motion and flow. It is gentle, creative, powerful and intelligent. Ultimately the responsibility for one's health comes back to the individual and his use of his life force.

In the Orient self-defense movement forms such as Tai Chi (and all its froms), Kung Fu and Aikido are based on following and encouraging the natural free flow of energy along its pathways. Some factories in China take Tai Chi breaks instead of coffee and cigarette breaks to revive their employees in the middle of the day. Systems such as Do-in self massage, acupressure, and its more sophisticated form acupuncture, and Siatzu (a Japanese innovation that is excellent) are recognized and used as valuable tools to maintain health and productivity.

Here in the West, Touch of Health, a system based on accupressure, neurolymphatic reflex points and

continued on next page.

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and promote a better relationship  
with self and others.

Marcia P. Smith  
State Licensed Psychotherapist  
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continued from page 24

points on the head, was introduced by a chiropractor named Dr. Thie. His version is simple enough for families to use on one another. There is also Self Therap/Ease we mentioned earlier. It is a beautiful recipe book of simple combinations of points one can administer to himself.

Gerri Snider, a registered nurse for 24 years, is the Founder and Director of the Delphic Associates who teach weekend seminars in the use Therap/Ease or self acupressure. She is an eminently practical woman, well centered and respected among professional circles.

Gerri found strict nursing procedures didn't always help the whole person so she began exploring ways to elicit awareness of body/mind/spirit/energy integration. She is currently a Ph.D candidate in Transpersonal Psychology where her research is in the areas of self-esteem, stress and integrating the whole person. She is also a Jim Shin Acupressure practitioner.

Guest Article

## Kinetics

by  
Richard Cohen

Many people ask me how they can change the way they feel. How can they become more radiant, while simultaneously sensing balance and flow throughout the day. There is no single answer, but one suggestion always springs to mind; that of stretching.

The benefits of simple stretching exercises extend further than you think, especially when executed properly. The first thing you notice is lengthened muscles. This has an immediate effect on your physical form. Long muscles interconnect your torso with your limbs in graceful flowing lines. Movement can then ebb and flow from a center deep within. Dancers, gymnasts and figure skaters exemplify the poetry of grace and form which arises from bodies opened through stretching. Much of one's appearance reflects muscle length, tone, balance, and proportion.

Muscles are not the only tissues effected by stretching. Blood vessels, nerve fibers, connective tissue, tendons, and skin all get the same workout you give your muscles. All mobile and elastic tissues benefit by stretching. You gain a sense awareness of your self as an integrated functioning whole as you tune-in to your body through stretching.

A well rounded flexibility program will balance muscle tone throughout the body. Be sure to stretch all the major muscle groups rather than just some of them. When the body is out of balance, it will develop even further imbalances. Never force your body into a position, such as splits, or sitting

Jim Shin Acupressure focuses on the psyche as well as using deep release points on the body by the use of breath, imagery and visualization and meditation techniques.

Gerri has taught throughout the United States, in South America and will be returning to Seden this month to teach an emotional release workshop. Her next Self-Help Acupressure workshop will be the weekend of October 26-27. continuing Education Units are available for nurses attending the workshop.

On the weekend of November 9-11 she will offer another workshop along with Abigail Kaehler who is a long time yoga practitioner and teacher. Abigail is also the founder of Joyous Breath Release™. During the workshop, Gerri and Abigail will be combining acupressure, breath work and Yoga. It ought to be very valuable for anyone seriously interested in improving their state of health, balance and appreciation of life. For more information on the workshops call 659-5088.

in a lotus. Rather, use your breath and gravity as a means to move **towards** a goal. Be happy with little gains.

Play a game with your physical thresholds, those points where your body stops you from going any further. Back off from one, and then approach it once again with gentle pulses and deep breathing. You will discover that the threshold moves allowing greater range. The less you try, the more you will accomplish.

Through this process you will gain a knowledge of your body; how it is connected, and how to let-go as you move. Stretching is a letting-go process. This is why force fails, and gentleness succeeds. Stretching is relaxing. It is an effective tension release for people with stress in their lives. It requires no special equipment, space, or time commitment. You can accomplish much more in a ten minute break...revitalizing yourself, improving your appearance, and becoming more flexible, all at the same time. You will look better, feel better, and move better.

Extensive flexibility training allows you to give more. You uncover channels of inner energy opening up as your creative self flows into the world. The meditative quality of slow, deep stretching helps you feel alert and on top of things. Your focus of becoming more flexible physically becomes an attitude; a point from which you view the world. Emotional, mental, and spiritual resilience and adaptability arise from living a flexible life on a moment to moment basis.

# EYE-deas

by Drs. Irving and Kim Hartford

Vision is one of man's most precious possessions and should be protected. But, smoking tobacco introduces foreign materials into the body's natural balance and can affect vision. Night vision can be impaired and tobacco smoke can be irritating to the eyelids. With each cigarette smoked, the potential danger exists that the eyes will not continue their normal efficient operation.

Recent health care research has shown that because of the harmful gasses present in cigarette smoke, excessive smoking might produce limitations on total visual ability. An example is the sharp vision needed to operate a motor vehicle at night. And, of course, there is eye irritation and discomfort that can occur when smoke from a burning tobacco product accidentally drifts directly into a person's eyes. This is particularly true if the person is a nonsmoker or is afflicted with allergies.

The following are some of the specific visual problems that are often associated with smoking.

**Limitation on Night vision.** Nicotine and carbon monoxide, two of the most harmful ingredients in cigarette smoke, can reduce a smoker's vision at night. In some individuals, nicotine may cause blood vessels in the eyes to become smaller and this reduces the oxygen supply. Carbon monoxide reduces the blood's ability to combine with and carry needed oxygen, and this lack of oxygen can interfere with the eye's ability to adapt from dark to light.

**Tobacco Amblyopia.** This disorder, although very rare, leads to a loss of visual sharpness and color perception. Tobacco amblyopia, often due to a combination of smoking, alcohol abuse and poor diet, has been seen to improve when the person quits smoking.

**Reduction in Size of the Total Visual Field.** Other studies have shown that some smokers tend to have a narrower field of vision. This disorder causes a reduction of the image which the eye sees and sends to the brain. Of particular importance to drivers, smoking can also impair peripheral or "side" vision. The lack of oxygen seems to diminish the eye's normally excellent sensitivity to side movements, such as autos approaching from behind on a freeway.

**Blindness as a Result of Stroke.** In addition to paralysis, certain kinds of strokes also cause blindness, which can be permanent. Cigarette smoking is associated with the condition (called cerebral arteriosclerosis) that leads to such strokes.

**External Eye Irritation.** The 1972 Surgeon General's report pays particular attention to studies of the effect of tobacco smoke on nonsmokers and looks at both allergic and nonallergic categories. By far the major complaint of people in both categories (about 70 percent) was eye irritation. and, of course, smokers who occasionally get uninhaled smoke in their eyes, and also contact lens wearers, are very aware of how irritating tobacco smoke can be to their eyes.

## HELP YOUR HEART



American  
Heart  
Association  
ASA

### Smoking Causes Heart Disease

Many smokers don't realize that most cigarette-related deaths are from heart attacks, not lung disease. "Fifty-three percent of smokers do not know or believe that smoking is a cause of heart attacks," Antonio Gotto, M.D., president of the American Heart Association, said at a recent press conference in Washington, D.C.

For almost 30 years the AHA has opposed cigarette smoking with increasing vigor, Dr. Gotto said, because of growing evidence of the devastating effects of smoking on the heart and other organs. An AHA committee of experts has reviewed the evidence and concluded that "smoking is the single most preventable cause" of coronary heart disease.

Cigarette smokers have a two to four times greater risk of sudden death from heart disease than non-smokers. Their risk markedly increases when such factors as high blood pressure, high blood cholesterol or diabetes are also present.

Female smokers who use oral contraceptive pills increase their risk of heart attack approximately tenfold and

their risk of subarachnoid hemorrhage, a type of stroke, approximately twentyfold.

The risk of disease from cigarette smoking is directly related to number of years smoked, number of cigarettes smoked per day and the habit of inhaling. The risk of death from coronary heart disease declines upon cessation of smoking.

*Help your heart! don't smoke.* Millions of Americans have given up the habit. And as many as two-thirds of the more than 50 million Americans who continue to smoke would like to quit and most have tried to do so. following an unsuccessful attempt to quit, some smokers switch to cigarettes lower in tar and nicotine. While switching may lower the risk for some diseases, there is no evidence that it reduces the risk for heart and blood vessel diseases.

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# THE GYM

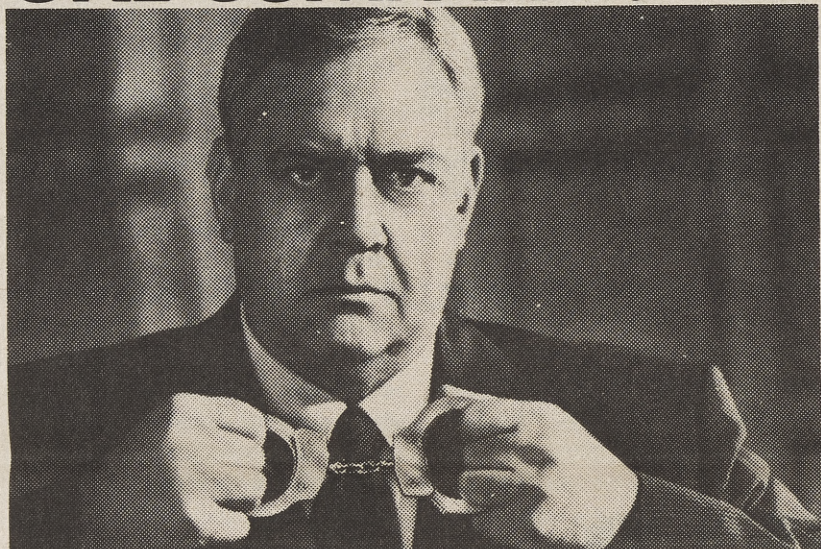
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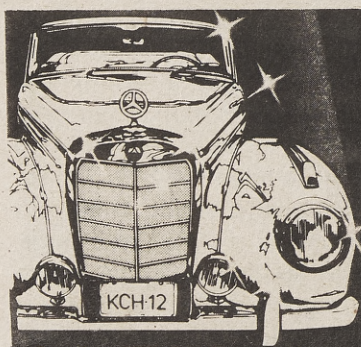


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## CARMEL VALLEY NATURAL FOOD NEWS

Here are a few definitions of health terms you may not be familiar with. I gleaned these from the *Health News and Review*.

—Amaranth: A grain used by the Aztecs, now being rediscovered by the food industry. It has good baking properties when mixed with whole wheat flour and is rich in lysine, an important amino acid.

—Acerola: A tropical cherry-like fruit very high in Vitamin C. It is similar in flavor to a crabapple or raspberry, usually found in tablet form, sometimes with rosehips. It is a main ingredient in making natural Vitamin C.

—Chlorophyll: The substance that makes plants. It promotes healing and is good for external sores or rashes. Eliminates unfriendly bacteria in the stomach and aids those with stomach disorders.

—Fertilized eggs: These are eggs produced by hens that mate with roosters. They contain the rooster's natural hormones, absent in unfertile, commercial (or batter) eggs. Fertilized eggs are said to be better metabolized by the body, with less cholesterol overload.

Another reason you will find this type of egg in health food stores is that commercially raised hens receive hormones, chemicals and antibiotics which do find their way into the eggs.

—Miso: A Japanese soyfood that is fermented by the addition of an enzyme culture to cooked soybeans. It is salty and is used mainly as an ingredient of sauces, spreads and dips and as a base for meaty-tasting soups. An excellent replacement for boullion cubes, most of which are made with hydrogenated vegetable fat.

—Sea Salt: Derived from vacuum-dried sea water. Contains all the natural minerals found in salt that are usually refined out of earth salt. Earth salt is harder to digest and contains chemicals to help preserve it, keep its color and retard moisture. Sea salt has none of these unnecessary extras and is more easily digested. Sea salt is finer and can generally be used in smaller amounts than earth salt.

Enjoy your garden's harvest, and the priceless nourishment of clean, fresh food.

Blair

## Carmel Country Spa Adds New Gym

The Carmel Country Spa has made a new addition to their facilities. They have just opened a new gym which is available to local residents.

The gym will feature aerobics, stretch, toning and dance exercise. There will be day and evening classes.

Single classes cost \$5. Class cards, which entitle the students to 14 classes, may be purchased for \$55. Cards may be used for any one of the day or evening classes including aquathinics classes.

Janet Setencich, who has previously led exercise classes at the Spa will be instructing some of the classes. Other instructors will be announced.

According to Carmel Country Spa spokesmen, the gym was opened because of the increased awareness in physical fitness and the demand for exercise classes.

The Spa is located at 10 Country Club Way. For more information call 659-3486.

## PWN Celebrates Second Anniversary

The Professional Women's Network of the Monterey Peninsula will celebrate its Second Anniversary at its regular meeting on Tuesday, September 25, at The Crossroads Community Room, at 7 p.m. Special refreshments will be served, and women in the area are invited to attend.

Ruth Ross, Ph.D., author of *Prospering Woman*, will be the guest speaker at this important meeting. Dr. Ross's formal education includes two masters degrees and a Ph.D. in psychology. The oldest of six children, she grew up in rural Michigan during the depression, and it is her total experience as student-wife-scholar-mother that helped form the nucleus of her ideas on "learning to prosper by whatever comes." her book, lectures, and workshops are the result of ten years

of putting her ideas as a college counselor and Marriage-Family therapist to work.

Dr. Ross's innovative ideas have sparked such interest that she has founded a series of continuing workshops geared toward helping people discover that specific internal mechanism that will move them toward their own definition of success.

In addition to Dr. Ross, Sandy Levey, owner/operator of On Purpose, will be part of the program. Ms. Levey is best known for marketing and initiating the creation of Women, Sex and Power, and the Women's Success Teams. Ms. Levey presently is working on a book that will be the story of her work.

Women interested in networking are cordially invited to attend this Anniversary meeting. Susan Bloch-Farrington will be the Director of the meeting.

## Community Center Announces Two New Offerings

The Carmel Valley Community Youth Center will feature a new aerobics class and an Aikido workshop.

The Aikido workshop is scheduled for September 30 and will feature a guest instructor. The workshop begins at 1:00. For more information call Adolfine Carol at 624-0919 or

625-6479.

The aerobics class, taught by Elizabeth Bathora, begins September 24 and will run Mondays, Wednesdays and Fridays from 10:30 to 11:30. The fee is \$2.50 for a single class. Monthly discount fees are also available. For more information call 659-3983.



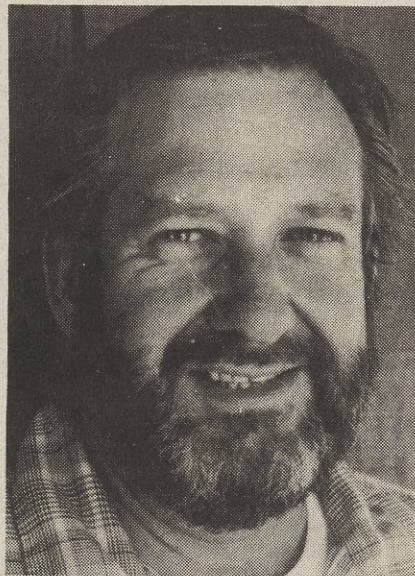
# VALLEY VOICES

Photos by Debi Effron.

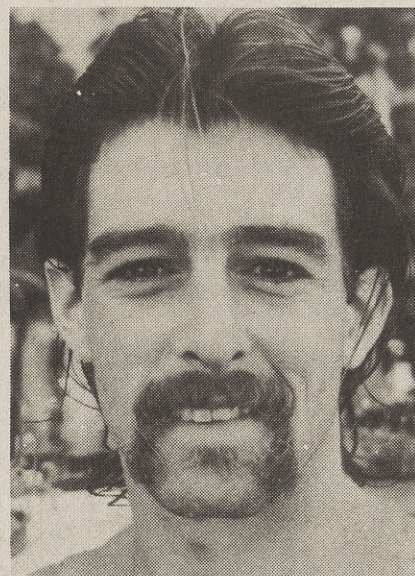
Do you have a collection of some type? or What would you like to collect?



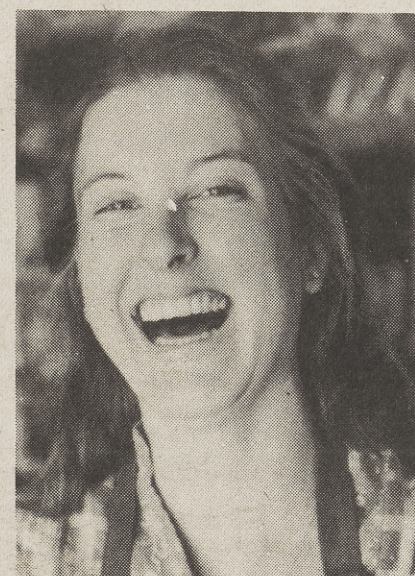
Aileen Bulmar  
"I collect sunbeams, rainbows and happy things."



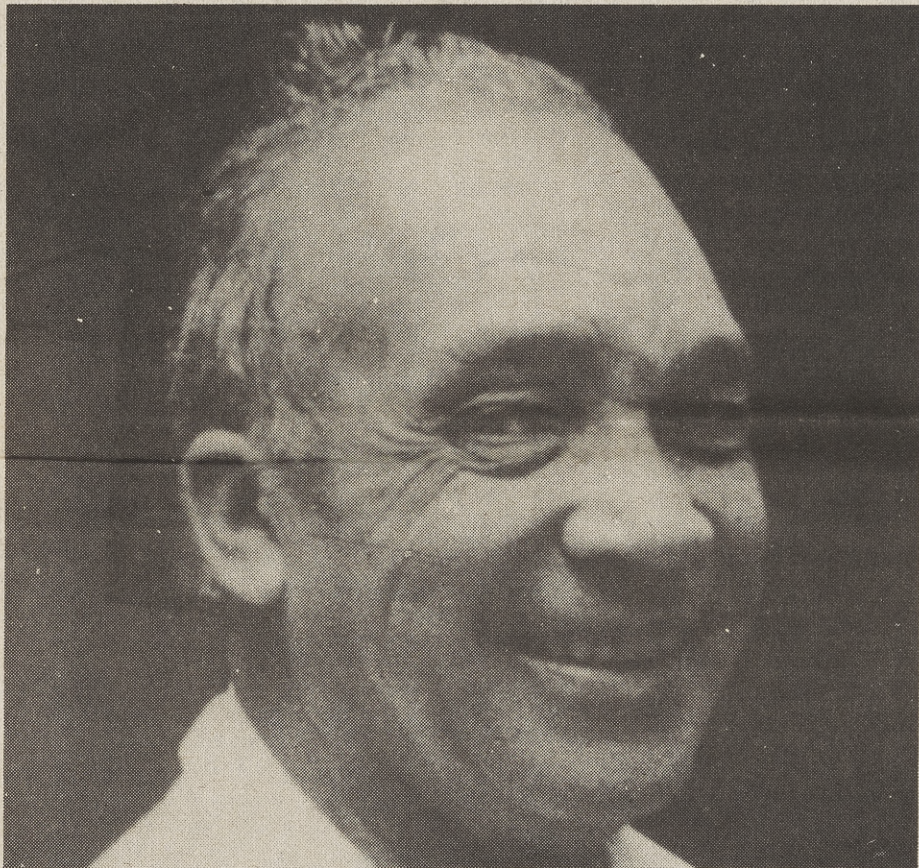
Jiggie Olmsted  
"I would like to collect old cars."



Steve Sherman  
"I collect my kids toys and put them in his toy box. I used to collect coins when I was a kid."



Karen Scheid  
"In the past 4½ years I have started collecting small living creatures including one dog, one cat, one turtle, one duck, several fish, a few crawdads and one small child."



From The Pros

## Clifford Washington

Will's Fargo Restaurant

### Jim's Stuffed Bell Peppers

Select a number of large green peppers needed. Cut off the top stem part, and remove seeds and membrane from inside.

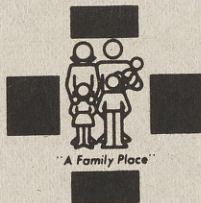
Meanwhile, make a regular mixture of meat loaf — "ground beef, onions, celery" — and season to taste. I add 1 cup of cold cooked rice, and for moisture, 1 cup of beef stock. Campbells Bullion is perfect. Stir well and stuff the peppers.

For a sauce, use 1 can tomato sauce, 1 can stewed tomatoes, and 1 package Lipton's Onion soup Mix. Bring sauce to boil on top of stove, stirring well. Place stuffed peppers in oven pan, cover with the sauce and bake in moderate oven. They are better if not overly cooked.

Photo by Debi Effron.

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## SEPTIC TANK SERVICE

(NEW MANAGEMENT)  
PHIL WRIGHT, JR.

- TANK PUMPING
- REPAIRS
- LINE CLEANING
- TANK INSPECTION
- PUMP REPAIRS

DAY:  
**659-2335**

Night:  
**659-2421**



## MPC Will Present Easter Island Slide Show

The Community Services Department at Monterey Peninsula College will present a lecture/slide show on the Easter Islands and Pitcairn Island on Friday, September 21 at 8 p.m. in the MPC Music Hall. The presentation is the second in a series on the South Pacific.

The program covers "Easter Island and Pitcairn Island—Today" and features photographs, facts and personal experiences through the travels of journalist and photographer Magnus Toren.

Toren has spent the past eight years sailing to and visiting a major part of

the South Pacific Islands. He recently returned from a trip which included a three-week stay at Easter Island and another three weeks at Pitcairn Island, which is still the home of the descendants of the famous Mutineers. Toren spent the main part of last year living and working with the people of the

Tuamotu Atolls, reef islands northeast of Tahiti, where he lived the "island way"—making Copra, diving for fish, and lobster fishing to support life.

Tickets are \$3 and are available at the door.

For more information call 646-4051.

## MEET YOUR MID-VALLEY NEIGHBORS



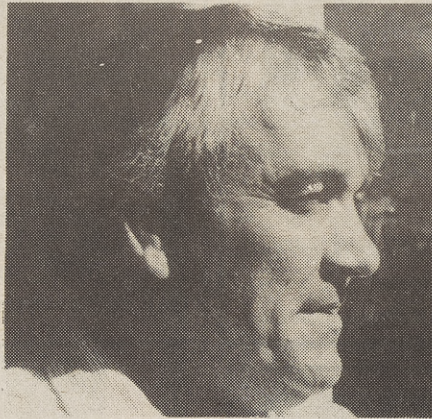
### The DeGroots

Englebert and Cora DeGroot are the owners of the Dutch Windmill restaurant and have been there for the past three years.

The Dutch Windmill is open for breakfast, lunch and dinner and features Dutch imports and great home cooking. Among their imported items are chocolate, pastry, candy, fish...You just have to stop by there to see it all.

The DeGroots, who moved to the Monterey Peninsula from Holland in 1961, have been in the restaurant business for over 23 years. But, The Dutch Windmill is their first round as owners. They currently live in Marina and add that their daughter works for Carmel Valley Ranch.

No doubt with their past experience and great selection of foods the DeGroots will continue successfully with The Dutch Windmill. Stop by and give it a try.



### Robert Miller

What's under the hood? If you don't know there's no doubt Robert Miller will. Robert is the owner of The Auto-Crat, a car repair center located behind Valley Hardware.

Robert is an expert in auto restoration especially mechanical and electrical repairs. He services both foreign and domestic vehicles and handles a mean tool on motor mowers.

Robert started the Auto-Crat a little over two years ago but has been located in the Mid-Valley Shopping Center for only a year. He lives in Carmel.



### Patricia Zobel

If you need a full service salon for the entire family then Patti's Hair Fashions is the place for you. Shop owner, Patricia, has been in the beauty profession for over 23 years but has only owned the shop for 7. The salon offers shampoos, sets, amincures, hair removal, perms, and color analysis just to mention a few of its services.

For browsers, Patricia, who bought the shop in 1972 says she also carries a variety of hair care accessories as well as boutique gifts, jewelry, nail polish, etc. Everything you need to look gorgeous.

Patricia lives in Carmel with her husband, Bob, and their four year old. For the past twelve years they have lived on the peninsula.

If its pampering you want, Patti's Hair Fashions is the place to be. Especially, says Patricia, because her salon offers some services that others no longer have.



## MID VALLEY SHOPPING CENTER

### For Hearth & Home:

Mid-Valley Gardens  
Mid-Valley Pharmacy  
Valley Hardware

### For your Furry Friends:

Hacienda Hay & Feed  
Mid-Valley Pet Spa  
Mid-Valley Veterinary Hospital

### For your Automobile:

Mid-Valley Chevron  
Mid-Valley Mobil  
The Autocrat

### For Good Taste:

Dutch Windmill Restaurant  
Hillside Coffee  
Safeway Stores  
Whittman's Restaurant  
Yavor's Delicatessen & Wine Bar

### For Outdoor Types:

Errol Chambliss Golf  
The Farm Center

### For Pure Entertainment:

Valley Cinema

### For Service with a Smile:

Ann Chambliss Advertising  
Carmel Valley Travel  
Golden Fleece Yarn Shop  
Mid-Valley Barber  
Patti's Hair Fashions  
Sparkle Cleaners  
The Energy Shop  
Valley Maid Laundromat

### For Money's Sake:

Crocker Bank  
Monterey Savings & Loan